

































Alcatraz Island, CA - Jan 2042

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:08	6.4	9:02	4.1	12:25	2.0	2:16	0.1	7:25	5:01	
2	Thu	7:54	6.6	10:12	4.4	1:25	2.6	3:09	-0.5	7:25	5:02	
3	Fri	8:40	6.7	11:08	4.7	2:24	2.9	3:56	-0.8	7:25	5:03	
4	Sat	9:25	6.7	11:56	4.9	3:19	3.2	4:39	-1.0	7:25	5:04	
5	Sun	10:09	6.6			4:11	3.2	5:21	-1.0	7:25	5:05	
6	Mon	12:40	5.0	10:51 AM	6.5	5:00	3.2	6:00	-1.0	7:25	5:05	
7	Tue	1:20	5.0	11:33 AM	6.2	5:46	3.2	6:37	-0.8	7:25	5:06	
8	Wed	1:57	4.9	12:12	6.0	6:31	3.1	7:13	-0.6	7:25	5:07	
9	Thu	2:32	4.9	12:52	5.6	7:16	3.0	7:47	-0.3	7:25	5:08	
10	Fri	3:04	4.8	1:33	5.1	8:05	2.9	8:21	0.1	7:24	5:09	
11	Sat	3:36	4.9	2:19	4.6	8:59	2.7	8:56	0.6	7:24	5:10	
12	Sun	4:07	5.0	3:13	4.1	10:02	2.5	9:31	1.2	7:24	5:11	
13	Mon	4:40	5.1	4:26	3.6	11:09	2.2	10:11	1.8	7:24	5:12	
14	Tue	5:16	5.3	6:07	3.4			12:16	1.7	7:23	5:13	
15	Wed	5:56	5.5	7:58	3.5			1:14	1.2	7:23	5:14	
16	Thu	6:39	5.7	9:21	3.8			2:05	0.6	7:23	5:15	
17	Fri	7:24	5.9	10:17	4.2	1:03	3.2	2:50	0.1	7:22	5:16	
18	Sat	8:11	6.2	11:00	4.5	2:03	3.4	3:33	-0.5	7:22	5:17	
19	Sun	8:59	6.4	11:38	4.7	2:56	3.4	4:15	-0.9	7:21	5:18	
20	Mon	9:46	6.7			3:44	3.3	4:56	-1.3	7:21	5:20	
21	Tue	12:14	4.8	10:34 AM	6.8	4:31	3.1	5:37	-1.5	7:20	5:21	
22	Wed	12:50	5.0	11:23 AM	6.8	5:19	2.9	6:19	-1.5	7:20	5:22	
23	Thu	1:26	5.1	12:12	6.6	6:09	2.5	6:59	-1.3	7:19	5:23	
24	Fri	2:02	5.3	1:04	6.2	7:03	2.2	7:40	-0.8	7:19	5:24	
25	Sat	2:39	5.5	2:01	5.5	8:03	1.9	8:22	-0.2	7:18	5:25	
26	Sun	3:18	5.7	3:07	4.8	9:09	1.6	9:05	0.6	7:17	5:26	
27	Mon	4:00	5.9	4:27	4.2	10:23	1.2	9:54	1.5	7:17	5:27	
28	Tue	4:45	6.1	6:08	3.8	11:41	0.8	10:51	2.3	7:16	5:28	
29	Wed	5:36	6.2	7:53	3.9			12:56	0.3	7:15	5:30	
30	Thu	6:32	6.2	9:15	4.3	12:02	2.9	2:02	-0.1	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	7:29	6.3	10:13	4.6	1:17	3.2	2:58	-0.4	7:13	5:32	