


































## Alcatraz Island, CA - Mar 2042

| Date |     | High  |     |          |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|----------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM       | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sat | 7:11  | 5.7 | 9:53     | 4.7 | 1:25  | 3.3  | 2:39  | -0.2 | 6:40  | 6:03 |    |
| 2    | Sun | 8:13  | 5.7 | 10:32    | 4.9 | 2:30  | 3.0  | 3:27  | -0.3 | 6:38  | 6:04 |    |
| 3    | Mon | 9:07  | 5.7 | 11:06    | 4.9 | 3:22  | 2.7  | 4:07  | -0.4 | 6:37  | 6:05 |    |
| 4    | Tue | 9:53  | 5.7 | 11:35    | 5.0 | 4:05  | 2.4  | 4:41  | -0.3 | 6:36  | 6:06 |    |
| 5    | Wed | 10:35 | 5.6 |          |     | 4:43  | 2.1  | 5:11  | -0.1 | 6:34  | 6:07 |    |
| 6    | Thu | 12:00 | 5.0 | 11:14 AM | 5.4 | 5:19  | 1.8  | 5:39  | 0.1  | 6:33  | 6:08 |    |
| 7    | Fri | 12:22 | 5.0 | 11:52 AM | 5.2 | 5:53  | 1.5  | 6:04  | 0.4  | 6:31  | 6:09 |    |
| 8    | Sat | 12:43 | 5.1 | 12:30    | 4.9 | 6:26  | 1.3  | 6:29  | 0.8  | 6:30  | 6:10 |    |
| 9    | Sun | 1:03  | 5.2 | 2:11     | 4.6 | 8:01  | 1.1  | 7:55  | 1.3  | 7:28  | 7:11 |    |
| 10   | Mon | 2:25  | 5.3 | 2:56     | 4.3 | 8:38  | 0.9  | 8:21  | 1.8  | 7:27  | 7:12 |    |
| 11   | Tue | 2:50  | 5.3 | 3:50     | 3.9 | 9:19  | 0.8  | 8:49  | 2.3  | 7:25  | 7:13 |    |
| 12   | Wed | 3:20  | 5.3 | 5:02     | 3.7 | 10:08 | 0.7  | 9:22  | 2.8  | 7:24  | 7:14 |   |
| 13   | Thu | 3:58  | 5.3 | 6:44     | 3.6 | 11:08 | 0.7  | 10:09 | 3.2  | 7:22  | 7:15 |  |
| 14   | Fri | 4:48  | 5.2 | 8:38     | 3.7 |       |      | 12:20 | 0.5  | 7:21  | 7:16 |  |
| 15   | Sat | 5:54  | 5.2 | 9:39     | 4.0 |       |      | 1:34  | 0.2  | 7:19  | 7:17 |  |
| 16   | Sun | 7:09  | 5.3 | 10:17    | 4.3 | 1:22  | 3.5  | 2:38  | -0.2 | 7:18  | 7:17 |  |
| 17   | Mon | 8:20  | 5.6 | 10:49    | 4.6 | 2:36  | 3.2  | 3:31  | -0.6 | 7:16  | 7:18 |  |
| 18   | Tue | 9:24  | 5.8 | 11:19    | 4.9 | 3:31  | 2.7  | 4:17  | -0.8 | 7:15  | 7:19 |  |
| 19   | Wed | 10:23 | 6.0 | 11:50    | 5.2 | 4:21  | 2.0  | 5:00  | -0.8 | 7:13  | 7:20 |  |
| 20   | Thu | 11:19 | 6.1 |          |     | 5:09  | 1.4  | 5:40  | -0.7 | 7:12  | 7:21 |  |
| 21   | Fri | 12:21 | 5.5 | 12:14    | 6.0 | 5:57  | 0.7  | 6:19  | -0.3 | 7:10  | 7:22 |  |
| 22   | Sat | 12:53 | 5.9 | 1:10     | 5.7 | 6:46  | 0.1  | 6:58  | 0.3  | 7:09  | 7:23 |  |
| 23   | Sun | 1:26  | 6.1 | 2:08     | 5.3 | 7:36  | -0.3 | 7:38  | 1.0  | 7:07  | 7:24 |  |
| 24   | Mon | 2:02  | 6.3 | 3:11     | 4.8 | 8:29  | -0.5 | 8:20  | 1.7  | 7:06  | 7:25 |  |
| 25   | Tue | 2:41  | 6.3 | 4:22     | 4.4 | 9:25  | -0.6 | 9:07  | 2.4  | 7:04  | 7:26 |  |
| 26   | Wed | 3:24  | 6.1 | 5:45     | 4.2 | 10:27 | -0.4 | 10:07 | 2.9  | 7:03  | 7:27 |  |
| 27   | Thu | 4:15  | 5.8 | 7:18     | 4.2 | 11:37 | -0.2 | 11:31 | 3.3  | 7:01  | 7:28 |  |
| 28   | Fri | 5:18  | 5.4 | 8:37     | 4.4 |       |      | 12:54 | -0.1 | 7:00  | 7:29 |  |
| 29   | Sat | 6:33  | 5.1 | 9:34     | 4.6 | 1:07  | 3.2  | 2:05  | 0.0  | 6:58  | 7:30 |  |
| 30   | Sun | 7:49  | 5.0 | 10:17    | 4.8 | 2:24  | 2.9  | 3:05  | 0.0  | 6:57  | 7:30 |  |
| 31   | Mon | 8:56  | 5.0 | 10:51    | 4.9 | 3:23  | 2.5  | 3:52  | 0.0  | 6:55  | 7:31 |  |