































Alcatraz Island, CA - May 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:23	4.8	7:47	4.2	11:49	-0.1			6:13	8:00	
2	Sat	5:35	4.6	8:25	4.4	12:28	3.3	12:49	-0.1	6:12	8:01	
3	Sun	6:54	4.5	8:58	4.7	1:40	2.8	1:43	0.0	6:11	8:01	
4	Mon	8:10	4.5	9:28	5.1	2:36	2.1	2:32	0.2	6:10	8:02	
5	Tue	9:22	4.5	9:58	5.6	3:25	1.3	3:16	0.5	6:08	8:03	
6	Wed	10:29	4.6	10:30	6.0	4:11	0.4	3:59	0.9	6:07	8:04	
7	Thu	11:33	4.7	11:04	6.4	4:57	-0.4	4:42	1.4	6:06	8:05	
8	Fri			12:35	4.8	5:43	-1.1	5:26	1.9	6:05	8:06	
9	Sat			1:36	4.8	6:31	-1.6	6:12	2.3	6:04	8:07	
10	Sun	12:23	6.8	2:36	4.8	7:21	-1.8	7:01	2.7	6:03	8:08	
11	Mon	1:07	6.7	3:38	4.7	8:13	-1.8	7:56	3.0	6:02	8:09	
12	Tue	1:57	6.4	4:40	4.7	9:08	-1.5	9:01	3.1	6:01	8:10	
13	Wed	2:51	6.0	5:44	4.7	10:06	-1.1	10:19	3.2	6:01	8:11	
14	Thu	3:53	5.5	6:45	4.7	11:08	-0.7	11:47	2.9	6:00	8:11	
15	Fri	5:03	4.9	7:39	4.9			12:11	-0.3	5:59	8:12	
16	Sat	6:20	4.4	8:24	5.1	1:08	2.5	1:09	0.1	5:58	8:13	
17	Sun	7:40	4.1	9:02	5.3	2:15	2.0	2:01	0.5	5:57	8:14	
18	Mon	8:56	4.0	9:35	5.4	3:12	1.4	2:46	0.9	5:56	8:15	
19	Tue	10:04	4.0	10:03	5.6	3:59	0.8	3:27	1.4	5:56	8:16	
20	Wed	11:04	4.0	10:29	5.7	4:39	0.3	4:04	1.9	5:55	8:17	
21	Thu	11:58	4.1	10:54	5.8	5:15	-0.1	4:40	2.3	5:54	8:17	
22	Fri			12:48	4.2	5:49	-0.4	5:14	2.7	5:54	8:18	
23	Sat			1:34	4.3	6:21	-0.6	5:49	3.0	5:53	8:19	
24	Sun			2:18	4.3	6:54	-0.7	6:24	3.2	5:52	8:20	
25	Mon	12:20	5.8	3:01	4.3	7:28	-0.7	7:01	3.3	5:52	8:21	
26	Tue	12:54	5.7	3:44	4.3	8:05	-0.7	7:40	3.4	5:51	8:21	
27	Wed	1:32	5.6	4:29	4.3	8:45	-0.7	8:26	3.5	5:51	8:22	
28	Thu	2:13	5.4	5:15	4.3	9:28	-0.6	9:23	3.4	5:50	8:23	
29	Fri	3:01	5.1	6:00	4.4	10:15	-0.5	10:36	3.3	5:50	8:24	
30	Sat	3:57	4.8	6:41	4.6	11:05	-0.3	11:56	2.9	5:49	8:24	
31	Sun	5:05	4.5	7:19	4.9	11:56	0.0			5:49	8:25	