









Alcatraz Island, CA - Aug 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:51	4.5	9:00	6.8	3:28	-0.5	2:46	3.3	6:13	8:18	
2	Sun	11:42	4.8	9:57	6.9	4:23	-0.8	3:51	3.2	6:14	8:17	
3	Mon			12:26	5.0	5:13	-1.1	4:48	3.0	6:15	8:16	
4	Tue			1:06	5.1	5:58	-1.1	5:42	2.8	6:15	8:15	
5	Wed			1:43	5.2	6:40	-1.0	6:33	2.5	6:16	8:14	
6	Thu	12:32	6.5	2:18	5.3	7:19	-0.7	7:23	2.3	6:17	8:13	
7	Fri	1:19	6.1	2:52	5.4	7:56	-0.3	8:13	2.1	6:18	8:12	
8	Sat	2:07	5.6	3:24	5.4	8:31	0.2	9:04	1.9	6:19	8:11	
9	Sun	2:56	5.0	3:55	5.5	9:06	0.8	9:59	1.8	6:20	8:10	
10	Mon	3:51	4.4	4:27	5.5	9:41	1.5	10:58	1.6	6:21	8:08	
11	Tue	5:00	4.0	5:02	5.5	10:20	2.2			6:21	8:07	
12	Wed	6:34	3.7	5:44	5.5	12:03	1.4	11:07 AM	2.8	6:22	8:06	
13	Thu	8:33	3.7	6:33	5.5	1:10	1.2	12:15	3.3	6:23	8:05	
14	Fri	9:58	4.0	7:29	5.6	2:14	0.9	1:35	3.6	6:24	8:04	
15	Sat	10:48	4.3	8:25	5.7	3:09	0.6	2:42	3.6	6:25	8:02	
16	Sun	11:24	4.5	9:17	5.9	3:56	0.3	3:34	3.5	6:26	8:01	
17	Mon	11:54	4.6	10:04	6.1	4:37	0.0	4:16	3.3	6:27	8:00	
18	Tue			12:22	4.7	5:13	-0.3	4:55	3.0	6:27	7:59	
19	Wed			12:48	4.9	5:47	-0.4	5:33	2.7	6:28	7:57	
20	Thu			1:15	5.0	6:19	-0.5	6:12	2.4	6:29	7:56	
21	Fri	12:16	6.2	1:42	5.3	6:51	-0.4	6:54	2.0	6:30	7:55	
22	Sat	1:01	6.0	2:11	5.5	7:24	-0.1	7:40	1.6	6:31	7:53	
23	Sun	1:50	5.6	2:41	5.8	7:58	0.4	8:30	1.3	6:32	7:52	
24	Mon	2:45	5.2	3:14	6.0	8:34	1.0	9:26	1.0	6:33	7:50	
25	Tue	3:49	4.7	3:52	6.2	9:13	1.7	10:29	0.7	6:33	7:49	
26	Wed	5:09	4.2	4:37	6.2	9:59	2.4	11:41	0.5	6:34	7:48	
27	Thu	6:49	4.0	5:33	6.3	10:58	3.0			6:35	7:46	
28	Fri	8:30	4.2	6:39	6.3	12:59	0.2	12:20	3.4	6:36	7:45	
29	Sat	9:44	4.5	7:49	6.3	2:13	-0.1	1:47	3.5	6:37	7:43	
30	Sun	10:35	4.8	8:56	6.4	3:16	-0.3	2:59	3.2	6:38	7:42	
31	Mon	11:17	5.0	9:55	6.5	4:10	-0.5	3:58	2.8	6:39	7:40	