






















Alcatraz Island, CA - Sep 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:54	5.2	10:49	6.4	4:56	-0.6	4:50	2.4	6:39	7:39	
2	Wed			12:28	5.3	5:36	-0.5	5:37	2.1	6:40	7:37	
3	Thu			1:00	5.4	6:12	-0.2	6:21	1.7	6:41	7:36	
4	Fri	12:26	5.9	1:29	5.5	6:46	0.1	7:04	1.5	6:42	7:34	
5	Sat	1:11	5.6	1:56	5.6	7:18	0.6	7:46	1.3	6:43	7:33	
6	Sun	1:58	5.2	2:22	5.6	7:49	1.2	8:28	1.1	6:44	7:31	
7	Mon	2:47	4.7	2:48	5.6	8:20	1.8	9:13	1.1	6:45	7:30	
8	Tue	3:42	4.3	3:17	5.5	8:53	2.4	10:02	1.1	6:45	7:28	
9	Wed	4:50	4.0	3:52	5.4	9:30	3.0	11:00	1.1	6:46	7:27	
10	Thu	6:25	3.9	4:37	5.3	10:20	3.4			6:47	7:25	
11	Fri	8:19	4.0	5:37	5.2	12:09	1.1	11:47 AM	3.7	6:48	7:24	
12	Sat	9:28	4.2	6:46	5.2	1:21	0.9	1:22	3.7	6:49	7:22	
13	Sun	10:07	4.4	7:52	5.4	2:24	0.7	2:28	3.5	6:50	7:20	
14	Mon	10:37	4.6	8:51	5.6	3:14	0.4	3:16	3.2	6:50	7:19	
15	Tue	11:03	4.8	9:42	5.8	3:56	0.1	3:57	2.8	6:51	7:17	
16	Wed	11:28	4.9	10:31	5.9	4:33	-0.1	4:35	2.3	6:52	7:16	
17	Thu	11:53	5.2	11:19	5.9	5:06	-0.1	5:13	1.8	6:53	7:14	
18	Fri			12:19	5.5	5:39	0.0	5:54	1.3	6:54	7:13	
19	Sat	12:08	5.9	12:47	5.8	6:13	0.3	6:36	0.8	6:55	7:11	
20	Sun	12:59	5.6	1:16	6.1	6:47	0.8	7:22	0.3	6:55	7:10	
21	Mon	1:55	5.3	1:49	6.3	7:24	1.4	8:11	0.0	6:56	7:08	
22	Tue	2:55	5.0	2:25	6.4	8:03	2.0	9:06	-0.2	6:57	7:06	
23	Wed	4:05	4.6	3:09	6.4	8:47	2.6	10:08	-0.1	6:58	7:05	
24	Thu	5:28	4.4	4:02	6.2	9:43	3.2	11:20	-0.1	6:59	7:03	
25	Fri	7:00	4.4	5:08	6.0	11:01	3.5			7:00	7:02	
26	Sat	8:21	4.6	6:25	5.8	12:39	0.0	12:39	3.5	7:01	7:00	
27	Sun	9:19	4.8	7:43	5.7	1:53	-0.1	2:03	3.2	7:01	6:59	
28	Mon	10:03	5.1	8:52	5.7	2:55	-0.1	3:07	2.7	7:02	6:57	
29	Tue	10:41	5.3	9:53	5.7	3:45	-0.1	4:00	2.1	7:03	6:56	
30	Wed	11:14	5.5	10:46	5.6	4:26	0.0	4:46	1.6	7:04	6:54	