



Alcatraz Island, CA - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:29	4.7	10:45 AM	6.0	4:31	2.2	5:25	-0.1	6:35	5:11	●
2	Mon	12:17	4.6	11:09 AM	5.9	5:03	2.6	5:58	-0.2	6:36	5:10	●
3	Tue	1:05	4.6	11:34 AM	5.9	5:36	3.0	6:32	-0.2	6:37	5:09	●
4	Wed	1:52	4.5	12:03	5.8	6:10	3.3	7:08	-0.2	6:38	5:07	●
5	Thu	2:42	4.4	12:37	5.6	6:46	3.5	7:49	-0.1	6:39	5:06	●
6	Fri	3:37	4.3	1:17	5.4	7:29	3.7	8:35	0.1	6:40	5:05	◐
7	Sat	4:37	4.3	2:05	5.2	8:27	3.8	9:28	0.2	6:41	5:05	◑
8	Sun	5:36	4.3	3:04	4.9	9:51	3.7	10:26	0.3	6:42	5:04	◒
9	Mon	6:25	4.5	4:14	4.6	11:22	3.5	11:25	0.4	6:43	5:03	◓
10	Tue	7:02	4.7	5:32	4.5			12:30	3.0	6:44	5:02	◔
11	Wed	7:33	5.0	6:49	4.5	12:18	0.5	1:23	2.3	6:45	5:01	◕
12	Thu	8:03	5.4	8:01	4.5	1:06	0.7	2:09	1.6	6:46	5:00	◖
13	Fri	8:32	5.8	9:08	4.7	1:50	1.0	2:52	0.7	6:48	4:59	◗
14	Sat	9:03	6.2	10:12	4.8	2:33	1.4	3:35	-0.1	6:49	4:59	◘
15	Sun	9:36	6.6	11:13	4.9	3:15	1.8	4:20	-0.8	6:50	4:58	◙
16	Mon	10:13	6.9			3:59	2.3	5:06	-1.4	6:51	4:57	◚
17	Tue	12:12	5.0	10:54 AM	7.1	4:44	2.7	5:54	-1.6	6:52	4:56	◛
18	Wed	1:11	5.0	11:39 AM	7.1	5:33	3.0	6:44	-1.7	6:53	4:56	◜
19	Thu	2:10	5.0	12:28	6.8	6:26	3.2	7:38	-1.5	6:54	4:55	◝
20	Fri	3:10	4.9	1:23	6.5	7:27	3.3	8:35	-1.1	6:55	4:55	◞
21	Sat	4:10	4.9	2:23	5.9	8:41	3.3	9:35	-0.7	6:56	4:54	◟
22	Sun	5:09	5.0	3:32	5.3	10:07	3.2	10:37	-0.2	6:57	4:54	◠
23	Mon	6:04	5.2	4:49	4.8	11:33	2.7	11:37	0.3	6:58	4:53	◡
24	Tue	6:52	5.4	6:13	4.4			12:47	2.1	6:59	4:53	◢
25	Wed	7:33	5.6	7:35	4.2	12:31	0.7	1:48	1.5	7:00	4:52	◣
26	Thu	8:09	5.8	8:48	4.2	1:20	1.2	2:39	0.9	7:01	4:52	◤
27	Fri	8:41	5.9	9:52	4.3	2:05	1.7	3:22	0.4	7:02	4:52	◥
28	Sat	9:09	6.0	10:49	4.4	2:46	2.2	4:01	0.0	7:03	4:51	◦
29	Sun	9:37	6.1	11:39	4.5	3:25	2.6	4:35	-0.3	7:04	4:51	◧
30	Mon	10:04	6.1			4:02	3.0	5:08	-0.5	7:05	4:51	◨