





## Alcatraz Island, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:21	4.6	11:26 AM	6.1	5:37	3.3	6:31	-0.7	7:25	5:01	●
2	Sat	1:52	4.7	12:04	5.9	6:14	3.2	7:03	-0.7	7:25	5:02	●
3	Sun	2:22	4.7	12:42	5.7	6:55	3.1	7:36	-0.5	7:25	5:02	●
4	Mon	2:54	4.8	1:24	5.3	7:43	2.9	8:11	-0.2	7:25	5:03	◐
5	Tue	3:26	5.0	2:13	4.8	8:38	2.7	8:48	0.3	7:25	5:04	◑
6	Wed	3:59	5.2	3:15	4.3	9:43	2.4	9:29	0.9	7:25	5:05	◒
7	Thu	4:36	5.4	4:39	3.8	10:55	1.9	10:15	1.5	7:25	5:06	◓
8	Fri	5:16	5.7	6:25	3.6			12:07	1.2	7:25	5:07	◔
9	Sat	6:01	6.1	8:10	3.8			1:13	0.5	7:25	5:08	◕
10	Sun	6:50	6.4	9:30	4.2	12:14	2.8	2:12	-0.3	7:25	5:09	◖
11	Mon	7:44	6.7	10:30	4.5	1:22	3.1	3:07	-0.9	7:24	5:10	◗
12	Tue	8:39	7.0	11:19	4.8	2:27	3.3	3:58	-1.3	7:24	5:11	◘
13	Wed	9:34	7.1			3:27	3.2	4:47	-1.6	7:24	5:12	◙
14	Thu	12:04	5.0	10:27 AM	7.1	4:24	3.0	5:34	-1.7	7:24	5:13	◚
15	Fri	12:45	5.2	11:20 AM	7.0	5:19	2.8	6:18	-1.5	7:23	5:14	◛
16	Sat	1:26	5.3	12:11	6.6	6:14	2.5	7:00	-1.2	7:23	5:15	◜
17	Sun	2:05	5.4	1:02	6.1	7:10	2.3	7:41	-0.7	7:23	5:16	◝
18	Mon	2:43	5.5	1:55	5.4	8:08	2.1	8:21	0.0	7:22	5:17	◞
19	Tue	3:21	5.5	2:53	4.7	9:11	1.9	9:01	0.7	7:22	5:18	◟
20	Wed	3:59	5.6	4:02	4.0	10:19	1.7	9:43	1.5	7:21	5:19	◠
21	Thu	4:39	5.6	5:34	3.6	11:29	1.4	10:32	2.2	7:21	5:20	◡
22	Fri	5:22	5.6	7:28	3.6			12:38	1.0	7:20	5:21	◢
23	Sat	6:07	5.7	9:01	3.9			1:40	0.7	7:20	5:22	◣
24	Sun	6:56	5.7	10:01	4.2	12:46	3.3	2:32	0.3	7:19	5:23	◤
25	Mon	7:45	5.8	10:43	4.4	1:52	3.4	3:17	0.0	7:18	5:25	◥
26	Tue	8:32	5.9	11:18	4.6	2:47	3.4	3:57	-0.2	7:18	5:26	◦
27	Wed	9:16	6.0	11:48	4.6	3:32	3.3	4:33	-0.4	7:17	5:27	◧
28	Thu	9:58	6.1			4:11	3.2	5:05	-0.6	7:16	5:28	◨
29	Fri	12:15	4.7	10:37 AM	6.1	4:47	3.0	5:36	-0.6	7:15	5:29	◩
30	Sat	12:41	4.8	11:15 AM	6.1	5:22	2.8	6:05	-0.6	7:15	5:30	◪

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>1:07</b>	4.9	<b>11:54 AM</b>	5.9	<b>5:59</b>	2.6	<b>6:34</b>	-0.5	7:14	5:31	