









Alcatraz Island, CA - Jun 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:01	5.4	6:21	5.1	10:59	-0.7	11:51	2.5	5:48	8:26	
2	Thu	5:12	4.7	7:09	5.3	11:54	-0.1			5:48	8:27	
3	Fri	6:33	4.2	7:53	5.6	1:08	1.9	12:47	0.5	5:48	8:27	
4	Sat	8:00	3.9	8:33	5.8	2:16	1.3	1:39	1.1	5:47	8:28	
5	Sun	9:24	3.8	9:09	6.0	3:13	0.6	2:28	1.7	5:47	8:29	
6	Mon	10:37	3.9	9:43	6.1	4:02	0.1	3:15	2.2	5:47	8:29	
7	Tue	11:39	4.1	10:16	6.1	4:45	-0.3	4:00	2.6	5:47	8:30	
8	Wed			12:33	4.3	5:23	-0.5	4:44	3.0	5:47	8:30	
9	Thu			1:20	4.4	5:59	-0.7	5:25	3.2	5:47	8:31	
10	Fri			2:02	4.5	6:34	-0.8	6:06	3.3	5:47	8:31	
11	Sat			2:41	4.5	7:08	-0.8	6:45	3.4	5:47	8:32	
12	Sun	12:31	5.9	3:18	4.4	7:43	-0.7	7:25	3.4	5:47	8:32	
13	Mon	1:09	5.7	3:53	4.4	8:19	-0.7	8:08	3.4	5:47	8:33	
14	Tue	1:47	5.5	4:28	4.5	8:56	-0.6	8:56	3.3	5:47	8:33	
15	Wed	2:29	5.2	5:04	4.6	9:33	-0.4	9:54	3.1	5:47	8:33	
16	Thu	3:15	4.8	5:38	4.7	10:12	-0.1	11:01	2.9	5:47	8:34	
17	Fri	4:10	4.4	6:13	5.0	10:54	0.3			5:47	8:34	
18	Sat	5:20	4.0	6:48	5.3	12:10	2.4	11:38 AM	0.8	5:47	8:34	
19	Sun	6:48	3.7	7:24	5.6	1:15	1.8	12:26	1.4	5:47	8:34	
20	Mon	8:23	3.6	8:03	6.0	2:13	1.1	1:18	1.9	5:47	8:35	
21	Tue	9:50	3.8	8:44	6.4	3:05	0.3	2:13	2.4	5:48	8:35	
22	Wed	11:03	4.1	9:29	6.7	3:54	-0.5	3:08	2.8	5:48	8:35	
23	Thu			12:03	4.4	4:44	-1.1	4:04	3.1	5:48	8:35	
24	Fri			12:57	4.7	5:33	-1.6	4:59	3.1	5:48	8:35	
25	Sat			1:46	4.9	6:23	-1.8	5:55	3.1	5:49	8:35	
26	Sun	12:02	7.1	2:32	5.0	7:12	-1.9	6:53	3.0	5:49	8:35	
27	Mon	12:56	6.9	3:17	5.1	8:01	-1.7	7:54	2.8	5:50	8:35	
28	Tue	1:50	6.5	4:02	5.2	8:48	-1.4	9:00	2.6	5:50	8:35	
29	Wed	2:47	5.9	4:46	5.4	9:35	-0.8	10:10	2.3	5:50	8:35	
30	Thu	3:48	5.2	5:30	5.6	10:22	-0.2	11:25	2.0	5:51	8:35	