


















## Alcatraz Island, CA - Sep 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:10	4.5	7:57	5.5	2:33	0.6	2:27	3.5	6:40	7:38	
2	Fri	10:48	4.6	8:54	5.6	3:25	0.4	3:20	3.3	6:41	7:36	
3	Sat	11:18	4.7	9:43	5.7	4:08	0.3	4:03	3.0	6:42	7:35	
4	Sun	11:43	4.8	10:28	5.8	4:44	0.1	4:40	2.7	6:43	7:33	
5	Mon			12:06	4.9	5:16	0.1	5:15	2.3	6:43	7:32	
6	Tue			12:29	5.1	5:44	0.1	5:49	2.0	6:44	7:30	
7	Wed			12:52	5.3	6:12	0.3	6:24	1.6	6:45	7:29	
8	Thu	12:33	5.6	1:16	5.5	6:40	0.6	7:01	1.3	6:46	7:27	
9	Fri	1:18	5.3	1:41	5.7	7:09	1.0	7:42	0.9	6:47	7:26	
10	Sat	2:06	5.0	2:10	5.9	7:40	1.5	8:26	0.7	6:48	7:24	
11	Sun	3:02	4.7	2:42	6.0	8:14	2.1	9:17	0.5	6:49	7:22	
12	Mon	4:10	4.3	3:21	6.1	8:53	2.6	10:18	0.4	6:49	7:21	
13	Tue	5:35	4.1	4:12	6.0	9:43	3.1	11:29	0.3	6:50	7:19	
14	Wed	7:14	4.1	5:16	6.0	10:55	3.5			6:51	7:18	
15	Thu	8:38	4.3	6:32	6.0	12:48	0.1	12:31	3.6	6:52	7:16	
16	Fri	9:34	4.6	7:48	6.0	2:02	-0.1	1:57	3.3	6:53	7:15	
17	Sat	10:16	4.9	8:57	6.1	3:03	-0.3	3:04	2.8	6:54	7:13	
18	Sun	10:53	5.2	9:59	6.2	3:53	-0.4	4:00	2.2	6:54	7:12	
19	Mon	11:27	5.5	10:56	6.1	4:37	-0.3	4:50	1.6	6:55	7:10	
20	Tue	11:59	5.7	11:50	5.9	5:17	-0.1	5:38	1.1	6:56	7:08	
21	Wed			12:31	5.9	5:55	0.3	6:23	0.7	6:57	7:07	
22	Thu	12:43	5.6	1:01	6.0	6:31	0.8	7:08	0.4	6:58	7:05	
23	Fri	1:35	5.3	1:31	6.1	7:06	1.4	7:52	0.2	6:59	7:04	
24	Sat	2:30	4.9	2:02	6.0	7:43	2.1	8:37	0.2	7:00	7:02	
25	Sun	3:29	4.6	2:34	5.8	8:22	2.6	9:25	0.3	7:00	7:01	
26	Mon	4:36	4.3	3:11	5.6	9:06	3.1	10:20	0.5	7:01	6:59	
27	Tue	5:58	4.2	3:57	5.4	10:04	3.5	11:24	0.7	7:02	6:58	
28	Wed	7:30	4.2	4:56	5.1	11:33	3.7			7:03	6:56	
29	Thu	8:40	4.4	6:07	5.0	12:35	0.7	1:03	3.6	7:04	6:54	
30	Fri	9:25	4.5	7:19	5.0	1:42	0.7	2:09	3.3	7:05	6:53	