

































## Alcatraz Island, CA - Oct 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:56	4.7	8:23	5.1	2:36	0.6	2:59	2.9	7:06	6:51	
2	Sun	10:22	4.8	9:17	5.2	3:19	0.5	3:41	2.5	7:07	6:50	
3	Mon	10:45	5.0	10:07	5.2	3:56	0.5	4:18	2.0	7:07	6:48	
4	Tue	11:07	5.2	10:55	5.3	4:28	0.5	4:53	1.5	7:08	6:47	
5	Wed	11:30	5.5	11:42	5.2	4:58	0.7	5:27	1.0	7:09	6:45	
6	Thu	11:55	5.8			5:28	1.0	6:02	0.5	7:10	6:44	
7	Fri	12:30	5.1	12:21	6.0	5:59	1.5	6:40	0.1	7:11	6:42	
8	Sat	1:21	5.0	12:50	6.2	6:33	1.9	7:22	-0.2	7:12	6:41	
9	Sun	2:16	4.8	1:23	6.3	7:09	2.4	8:08	-0.4	7:13	6:39	
10	Mon	3:17	4.6	2:02	6.3	7:49	2.8	9:00	-0.5	7:14	6:38	
11	Tue	4:27	4.5	2:49	6.2	8:36	3.2	10:01	-0.4	7:15	6:37	
12	Wed	5:45	4.4	3:48	6.0	9:40	3.5	11:11	-0.2	7:16	6:35	
13	Thu	7:04	4.5	5:00	5.7	11:10	3.6			7:17	6:34	
14	Fri	8:08	4.7	6:22	5.5	12:26	-0.1	12:48	3.3	7:18	6:32	
15	Sat	8:56	5.0	7:42	5.4	1:34	-0.1	2:05	2.7	7:19	6:31	
16	Sun	9:36	5.3	8:55	5.3	2:32	0.0	3:06	2.0	7:20	6:30	
17	Mon	10:11	5.6	10:00	5.3	3:21	0.2	3:59	1.3	7:20	6:28	
18	Tue	10:44	5.9	10:59	5.2	4:03	0.5	4:46	0.7	7:21	6:27	
19	Wed	11:15	6.1	11:55	5.1	4:42	0.9	5:29	0.2	7:22	6:25	
20	Thu	11:44	6.2			5:19	1.4	6:10	-0.2	7:23	6:24	
21	Fri	12:49	5.0	12:13	6.2	5:56	2.0	6:50	-0.4	7:24	6:23	
22	Sat	1:42	4.9	12:42	6.2	6:33	2.5	7:29	-0.4	7:25	6:22	
23	Sun	2:35	4.7	1:12	6.0	7:11	2.9	8:08	-0.3	7:26	6:20	
24	Mon	3:30	4.6	1:45	5.8	7:52	3.3	8:51	-0.1	7:27	6:19	
25	Tue	4:30	4.4	2:23	5.5	8:39	3.5	9:39	0.1	7:28	6:18	
26	Wed	5:36	4.3	3:10	5.2	9:39	3.7	10:35	0.3	7:29	6:17	
27	Thu	6:44	4.3	4:07	4.9	11:04	3.7	11:36	0.5	7:30	6:15	
28	Fri	7:40	4.4	5:16	4.7			12:31	3.5	7:31	6:14	
29	Sat	8:21	4.6	6:31	4.5	12:38	0.6	1:38	3.1	7:32	6:13	
30	Sun	8:51	4.8	7:43	4.4	1:32	0.7	2:30	2.6	7:34	6:12	
31	Mon	9:17	5.0	8:48	4.5	2:17	0.8	3:13	2.0	7:35	6:11	