

































Alcatraz Island, CA - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:35	6.4	11:12	5.3	3:32	2.1	4:19	-1.0	6:39	6:03	
2	Thu	10:31	6.4	11:45	5.6	4:23	1.6	5:00	-0.8	6:38	6:04	
3	Fri	11:24	6.1			5:14	1.0	5:38	-0.4	6:37	6:05	
4	Sat	12:18	5.8	12:18	5.7	6:03	0.6	6:16	0.1	6:35	6:06	
5	Sun	12:51	6.0	1:13	5.2	6:53	0.3	6:53	0.8	6:34	6:07	
6	Mon	1:25	6.1	2:11	4.7	7:44	0.1	7:32	1.5	6:32	6:08	
7	Tue	2:01	6.0	3:17	4.3	8:37	0.1	8:14	2.2	6:31	6:09	
8	Wed	2:39	5.8	4:38	3.9	9:36	0.3	9:05	2.8	6:29	6:10	
9	Thu	3:24	5.6	6:19	3.9	10:43	0.4	10:18	3.2	6:28	6:11	
10	Fri	4:19	5.3	7:50	4.0	11:57	0.5	11:53	3.4	6:26	6:12	
11	Sat	5:26	5.1	8:49	4.3			1:07	0.4	6:25	6:13	
12	Sun	7:37	5.0	10:29	4.4	1:12	3.2	3:05	0.3	7:23	7:14	
13	Mon	8:41	5.1	10:59	4.5	3:11	2.9	3:51	0.1	7:22	7:15	
14	Tue	9:35	5.2	11:25	4.7	3:57	2.6	4:29	0.1	7:20	7:16	
15	Wed	10:21	5.2	11:47	4.8	4:36	2.2	5:00	0.1	7:19	7:17	
16	Thu	11:05	5.2			5:12	1.8	5:29	0.2	7:17	7:18	
17	Fri	12:08	4.9	11:46 AM	5.2	5:45	1.4	5:55	0.4	7:16	7:19	
18	Sat	12:29	5.1	12:28	5.0	6:18	1.1	6:22	0.7	7:14	7:20	
19	Sun	12:52	5.4	1:11	4.9	6:51	0.7	6:49	1.1	7:13	7:21	
20	Mon	1:15	5.5	1:57	4.6	7:26	0.4	7:19	1.5	7:11	7:21	
21	Tue	1:42	5.7	2:49	4.4	8:06	0.1	7:50	2.0	7:10	7:22	
22	Wed	2:12	5.8	3:49	4.1	8:50	0.0	8:26	2.5	7:08	7:23	
23	Thu	2:47	5.8	5:03	3.9	9:43	-0.1	9:10	2.9	7:07	7:24	
24	Fri	3:33	5.7	6:34	3.8	10:46	-0.1	10:12	3.2	7:05	7:25	
25	Sat	4:31	5.6	8:01	4.0			12:00	-0.2	7:04	7:26	
26	Sun	5:46	5.5	9:01	4.3			1:16	-0.3	7:02	7:27	
27	Mon	7:07	5.4	9:45	4.6	1:22	3.1	2:23	-0.4	7:01	7:28	
28	Tue	8:23	5.5	10:21	4.9	2:36	2.6	3:17	-0.5	6:59	7:29	
29	Wed	9:31	5.6	10:55	5.3	3:36	1.9	4:04	-0.4	6:58	7:30	
30	Thu	10:33	5.6	11:28	5.6	4:28	1.2	4:46	-0.2	6:56	7:31	
31	Fri	11:31	5.5			5:17	0.5	5:26	0.2	6:55	7:32	