

Alcatraz Island, CA - Apr 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:00	5.9	12:26	5.3	6:03	0.0	6:04	0.7	6:53	7:33	
2	Sun	12:32	6.1	1:21	5.0	6:48	-0.4	6:42	1.3	6:52	7:33	
3	Mon	1:04	6.2	2:17	4.8	7:33	-0.6	7:21	1.8	6:50	7:34	
4	Tue	1:37	6.1	3:15	4.5	8:18	-0.6	8:02	2.4	6:49	7:35	
5	Wed	2:12	5.9	4:18	4.3	9:05	-0.5	8:48	2.8	6:47	7:36	
6	Thu	2:50	5.6	5:30	4.1	9:57	-0.2	9:44	3.2	6:46	7:37	
7	Fri	3:35	5.3	6:52	4.0	10:56	0.1	11:03	3.4	6:44	7:38	
8	Sat	4:31	4.9	8:06	4.1			12:03	0.3	6:43	7:39	
9	Sun	5:39	4.6	8:57	4.2	12:35	3.3	1:10	0.4	6:41	7:40	
10	Mon	6:54	4.5	9:33	4.4	1:49	3.0	2:08	0.4	6:40	7:41	
11	Tue	8:04	4.5	10:01	4.6	2:46	2.6	2:56	0.4	6:38	7:42	
12	Wed	9:05	4.5	10:24	4.8	3:32	2.1	3:34	0.5	6:37	7:43	
13	Thu	10:00	4.5	10:46	5.0	4:12	1.6	4:08	0.6	6:36	7:44	
14	Fri	10:50	4.6	11:09	5.2	4:47	1.1	4:39	0.9	6:34	7:44	
15	Sat	11:38	4.6	11:33	5.5	5:21	0.6	5:10	1.2	6:33	7:45	
16	Sun			12:27	4.6	5:54	0.1	5:41	1.6	6:31	7:46	
17	Mon			1:16	4.5	6:29	-0.3	6:14	2.0	6:30	7:47	
18	Tue	12:27	5.9	2:07	4.5	7:07	-0.6	6:49	2.3	6:29	7:48	
19	Wed	1:00	6.0	3:02	4.4	7:49	-0.9	7:28	2.7	6:27	7:49	
20	Thu	1:37	6.0	4:03	4.2	8:36	-0.9	8:13	3.0	6:26	7:50	
21	Fri	2:20	5.9	5:10	4.2	9:29	-0.9	9:09	3.2	6:25	7:51	
22	Sat	3:13	5.7	6:20	4.2	10:30	-0.7	10:26	3.3	6:23	7:52	
23	Sun	4:18	5.4	7:24	4.4	11:37	-0.6			6:22	7:53	
24	Mon	5:34	5.1	8:15	4.6	12:01	3.1	12:45	-0.4	6:21	7:54	
25	Tue	6:57	4.9	8:57	5.0	1:26	2.5	1:45	-0.2	6:19	7:55	
26	Wed	8:17	4.7	9:35	5.4	2:34	1.8	2:38	0.0	6:18	7:56	
27	Thu	9:30	4.7	10:10	5.7	3:31	1.0	3:25	0.4	6:17	7:56	
28	Fri	10:36	4.7	10:44	6.0	4:22	0.3	4:09	0.8	6:16	7:57	
29	Sat	11:37	4.7	11:17	6.2	5:08	-0.3	4:50	1.3	6:15	7:58	
30	Sun			12:35	4.7	5:52	-0.8	5:31	1.8	6:13	7:59	