



Alcatraz Island, CA - May 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			1:30	4.6	6:34	-1.0	6:13	2.3	6:12	8:00	☉
2	Tue	12:23	6.2	2:24	4.6	7:15	-1.1	6:55	2.7	6:11	8:01	☉
3	Wed	12:57	6.0	3:17	4.5	7:56	-1.0	7:40	3.0	6:10	8:02	☉
4	Thu	1:34	5.8	4:12	4.4	8:39	-0.8	8:29	3.2	6:09	8:03	☉
5	Fri	2:13	5.5	5:10	4.2	9:25	-0.5	9:26	3.3	6:08	8:04	☾
6	Sat	2:58	5.1	6:08	4.2	10:15	-0.2	10:39	3.3	6:07	8:05	☾
7	Sun	3:49	4.8	7:02	4.2	11:10	0.0			6:06	8:06	☾
8	Mon	4:51	4.4	7:46	4.3	12:00	3.1	12:05	0.3	6:05	8:07	☾
9	Tue	6:02	4.1	8:21	4.5	1:12	2.8	12:59	0.5	6:04	8:07	☾
10	Wed	7:18	3.9	8:49	4.8	2:12	2.3	1:46	0.8	6:03	8:08	☾
11	Thu	8:32	3.8	9:16	5.1	3:00	1.7	2:29	1.0	6:02	8:09	☾
12	Fri	9:39	3.9	9:43	5.4	3:42	1.1	3:08	1.4	6:01	8:10	☾
13	Sat	10:39	4.0	10:10	5.7	4:19	0.5	3:46	1.7	6:00	8:11	☾
14	Sun	11:36	4.2	10:40	5.9	4:55	-0.1	4:23	2.1	5:59	8:12	☾
15	Mon			12:29	4.3	5:31	-0.6	5:02	2.4	5:58	8:13	☾
16	Tue			1:22	4.5	6:10	-1.0	5:43	2.7	5:58	8:14	☾
17	Wed			2:14	4.5	6:52	-1.3	6:26	2.9	5:57	8:14	☾
18	Thu	12:32	6.4	3:06	4.5	7:37	-1.5	7:14	3.1	5:56	8:15	☾
19	Fri	1:17	6.4	4:00	4.5	8:26	-1.5	8:09	3.1	5:55	8:16	☾
20	Sat	2:08	6.1	4:54	4.6	9:18	-1.3	9:15	3.1	5:55	8:17	☾
21	Sun	3:05	5.8	5:48	4.7	10:13	-1.1	10:34	2.9	5:54	8:18	☾
22	Mon	4:10	5.3	6:38	4.9	11:10	-0.7			5:53	8:19	☾
23	Tue	5:25	4.8	7:25	5.2	12:00	2.5	12:08	-0.2	5:53	8:19	☾
24	Wed	6:49	4.3	8:08	5.6	1:19	1.9	1:03	0.3	5:52	8:20	☾
25	Thu	8:15	4.1	8:48	5.9	2:26	1.1	1:56	0.9	5:52	8:21	☾
26	Fri	9:36	4.1	9:26	6.2	3:23	0.4	2:46	1.4	5:51	8:22	☾
27	Sat	10:47	4.2	10:03	6.3	4:13	-0.2	3:34	1.9	5:51	8:22	☉
28	Sun	11:50	4.3	10:39	6.4	4:58	-0.7	4:20	2.4	5:50	8:23	☉
29	Mon			12:46	4.5	5:40	-1.0	5:07	2.8	5:50	8:24	☉
30	Tue			1:37	4.6	6:20	-1.1	5:52	3.0	5:49	8:25	☉
31	Wed			2:25	4.6	6:59	-1.1	6:37	3.2	5:49	8:25	☉