

































Alcatraz Island, CA - May 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:43	4.1	10:04	5.2	3:49	1.3	3:28	1.1	6:13	8:00	
2	Wed	10:39	4.1	10:28	5.4	4:28	0.8	4:03	1.5	6:11	8:01	
3	Thu	11:30	4.2	10:53	5.6	5:03	0.3	4:36	1.8	6:10	8:02	
4	Fri			12:18	4.2	5:36	-0.1	5:09	2.1	6:09	8:03	
5	Sat			1:04	4.3	6:08	-0.4	5:42	2.4	6:08	8:04	
6	Sun			1:50	4.3	6:41	-0.6	6:16	2.7	6:07	8:04	
7	Mon	12:20	5.9	2:37	4.3	7:17	-0.8	6:53	2.9	6:06	8:05	
8	Tue	12:56	5.9	3:26	4.3	7:56	-0.9	7:35	3.1	6:05	8:06	
9	Wed	1:35	5.8	4:18	4.3	8:40	-0.9	8:23	3.2	6:04	8:07	
10	Thu	2:21	5.7	5:13	4.3	9:29	-0.9	9:24	3.2	6:03	8:08	
11	Fri	3:13	5.4	6:06	4.4	10:23	-0.7	10:41	3.1	6:02	8:09	
12	Sat	4:16	5.1	6:56	4.6	11:20	-0.5			6:01	8:10	
13	Sun	5:31	4.7	7:40	4.9	12:07	2.7	12:19	-0.2	6:00	8:11	
14	Mon	6:55	4.4	8:21	5.3	1:23	2.0	1:15	0.2	5:59	8:12	
15	Tue	8:19	4.3	8:59	5.8	2:27	1.2	2:08	0.7	5:59	8:13	
16	Wed	9:38	4.3	9:37	6.1	3:23	0.4	2:58	1.1	5:58	8:13	
17	Thu	10:48	4.4	10:16	6.5	4:14	-0.4	3:46	1.6	5:57	8:14	
18	Fri	11:52	4.6	10:55	6.6	5:02	-1.0	4:34	2.1	5:56	8:15	
19	Sat			12:51	4.7	5:49	-1.4	5:23	2.4	5:56	8:16	
20	Sun			1:47	4.7	6:35	-1.5	6:12	2.7	5:55	8:17	
21	Mon	12:18	6.5	2:40	4.7	7:20	-1.5	7:03	2.9	5:54	8:18	
22	Tue	1:02	6.3	3:32	4.7	8:06	-1.3	7:57	3.0	5:53	8:18	
23	Wed	1:47	5.9	4:23	4.6	8:52	-1.0	8:56	3.1	5:53	8:19	
24	Thu	2:34	5.5	5:13	4.6	9:40	-0.7	10:03	3.1	5:52	8:20	
25	Fri	3:24	5.0	6:02	4.6	10:28	-0.3	11:17	2.9	5:52	8:21	
26	Sat	4:21	4.5	6:47	4.7	11:18	0.1			5:51	8:22	
27	Sun	5:27	4.0	7:26	4.8	12:30	2.6	12:07	0.6	5:51	8:22	
28	Mon	6:45	3.7	8:00	5.0	1:35	2.1	12:56	1.0	5:50	8:23	
29	Tue	8:07	3.5	8:31	5.2	2:31	1.6	1:43	1.5	5:50	8:24	
30	Wed	9:25	3.6	9:01	5.5	3:18	1.0	2:27	1.9	5:49	8:24	
31	Thu	10:31	3.8	9:31	5.7	3:59	0.5	3:10	2.3	5:49	8:25	