




























Alcatraz Island, CA - Jun 2046

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 11:28 | 4.0 | 10:04 | 5.9 | 4:36 | 0.0 | 3:51 | 2.6 | 5:49 | 8:26 |  |
| 2 | Sat | | | 12:18 | 4.2 | 5:11 | -0.4 | 4:31 | 2.9 | 5:48 | 8:26 |  |
| 3 | Sun | | | 1:04 | 4.3 | 5:47 | -0.7 | 5:12 | 3.0 | 5:48 | 8:27 |  |
| 4 | Mon | | | 1:48 | 4.4 | 6:23 | -1.0 | 5:53 | 3.1 | 5:48 | 8:28 |  |
| 5 | Tue | | | 2:31 | 4.5 | 7:02 | -1.2 | 6:37 | 3.2 | 5:47 | 8:28 |  |
| 6 | Wed | 12:37 | 6.3 | 3:13 | 4.6 | 7:43 | -1.3 | 7:25 | 3.1 | 5:47 | 8:29 |  |
| 7 | Thu | 1:22 | 6.2 | 3:56 | 4.7 | 8:26 | -1.3 | 8:19 | 3.1 | 5:47 | 8:29 |  |
| 8 | Fri | 2:11 | 5.9 | 4:39 | 4.8 | 9:11 | -1.1 | 9:22 | 2.9 | 5:47 | 8:30 |  |
| 9 | Sat | 3:05 | 5.5 | 5:22 | 5.0 | 9:58 | -0.8 | 10:35 | 2.6 | 5:47 | 8:30 |  |
| 10 | Sun | 4:08 | 5.0 | 6:06 | 5.3 | 10:47 | -0.3 | 11:53 | 2.1 | 5:47 | 8:31 |  |
| 11 | Mon | 5:24 | 4.4 | 6:49 | 5.6 | 11:38 | 0.3 | | | 5:47 | 8:31 |  |
| 12 | Tue | 6:51 | 4.0 | 7:32 | 6.0 | 1:08 | 1.4 | 12:32 | 1.0 | 5:47 | 8:32 |  |
| 13 | Wed | 8:24 | 3.8 | 8:16 | 6.3 | 2:14 | 0.7 | 1:27 | 1.6 | 5:47 | 8:32 |  |
| 14 | Thu | 9:50 | 4.0 | 9:00 | 6.5 | 3:12 | -0.1 | 2:24 | 2.1 | 5:47 | 8:33 |  |
| 15 | Fri | 11:02 | 4.2 | 9:45 | 6.7 | 4:05 | -0.6 | 3:20 | 2.6 | 5:47 | 8:33 |  |
| 16 | Sat | | | 12:02 | 4.5 | 4:54 | -1.1 | 4:15 | 2.9 | 5:47 | 8:33 |  |
| 17 | Sun | | | 12:55 | 4.7 | 5:40 | -1.3 | 5:08 | 3.0 | 5:47 | 8:34 |  |
| 18 | Mon | | | 1:43 | 4.8 | 6:24 | -1.3 | 6:00 | 3.1 | 5:47 | 8:34 |  |
| 19 | Tue | 12:00 | 6.5 | 2:27 | 4.8 | 7:06 | -1.3 | 6:51 | 3.1 | 5:47 | 8:34 |  |
| 20 | Wed | 12:44 | 6.3 | 3:09 | 4.8 | 7:47 | -1.1 | 7:42 | 3.0 | 5:47 | 8:35 |  |
| 21 | Thu | 1:27 | 5.9 | 3:48 | 4.8 | 8:27 | -0.8 | 8:34 | 3.0 | 5:48 | 8:35 |  |
| 22 | Fri | 2:10 | 5.5 | 4:25 | 4.8 | 9:05 | -0.5 | 9:30 | 2.9 | 5:48 | 8:35 |  |
| 23 | Sat | 2:55 | 5.0 | 5:01 | 4.9 | 9:44 | 0.0 | 10:31 | 2.7 | 5:48 | 8:35 |  |
| 24 | Sun | 3:45 | 4.5 | 5:35 | 5.0 | 10:22 | 0.5 | 11:38 | 2.4 | 5:48 | 8:35 |  |
| 25 | Mon | 4:45 | 4.0 | 6:09 | 5.1 | 11:02 | 1.0 | | | 5:49 | 8:35 |  |
| 26 | Tue | 6:01 | 3.6 | 6:45 | 5.3 | 12:44 | 2.0 | 11:45 AM | 1.6 | 5:49 | 8:35 |  |
| 27 | Wed | 7:35 | 3.4 | 7:22 | 5.5 | 1:45 | 1.6 | 12:34 | 2.1 | 5:49 | 8:35 |  |
| 28 | Thu | 9:11 | 3.5 | 8:01 | 5.7 | 2:39 | 1.0 | 1:27 | 2.6 | 5:50 | 8:35 |  |
| 29 | Fri | 10:26 | 3.7 | 8:42 | 5.9 | 3:25 | 0.5 | 2:21 | 2.9 | 5:50 | 8:35 |  |
| 30 | Sat | 11:23 | 4.0 | 9:24 | 6.2 | 4:07 | 0.1 | 3:13 | 3.2 | 5:51 | 8:35 |  |