



























Alcatraz Island, CA - Jul 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:09	4.3	4:47	-0.4	4:02	3.3	5:51	8:35	
2	Mon			12:49	4.5	5:26	-0.8	4:49	3.3	5:52	8:35	
3	Tue			1:27	4.6	6:05	-1.1	5:36	3.2	5:52	8:35	
4	Wed			2:04	4.8	6:45	-1.3	6:24	3.0	5:53	8:35	
5	Thu	12:25	6.6	2:41	5.0	7:26	-1.3	7:15	2.8	5:53	8:35	
6	Fri	1:14	6.4	3:18	5.1	8:06	-1.2	8:10	2.5	5:54	8:34	
7	Sat	2:05	6.0	3:56	5.4	8:47	-0.8	9:11	2.2	5:54	8:34	
8	Sun	3:02	5.5	4:35	5.6	9:29	-0.3	10:19	1.9	5:55	8:34	
9	Mon	4:06	4.8	5:16	5.9	10:13	0.4	11:33	1.4	5:56	8:34	
10	Tue	5:24	4.2	6:01	6.2	11:02	1.2			5:56	8:33	
11	Wed	6:58	3.8	6:50	6.4	12:47	0.9	11:56 AM	1.9	5:57	8:33	
12	Thu	8:38	3.8	7:41	6.5	1:58	0.4	1:00	2.5	5:58	8:32	
13	Fri	10:03	4.1	8:34	6.6	3:00	-0.1	2:07	2.9	5:58	8:32	
14	Sat	11:08	4.4	9:27	6.7	3:56	-0.5	3:12	3.1	5:59	8:31	
15	Sun	11:59	4.7	10:17	6.6	4:45	-0.8	4:11	3.2	6:00	8:31	
16	Mon			12:43	4.8	5:30	-0.9	5:04	3.1	6:00	8:30	
17	Tue			1:23	4.9	6:11	-0.9	5:53	3.0	6:01	8:30	
18	Wed			1:58	5.0	6:48	-0.8	6:38	2.9	6:02	8:29	
19	Thu	12:30	6.1	2:31	5.0	7:23	-0.6	7:22	2.7	6:03	8:29	
20	Fri	1:10	5.8	3:00	5.0	7:56	-0.3	8:06	2.6	6:03	8:28	
21	Sat	1:51	5.4	3:28	5.1	8:27	0.0	8:52	2.4	6:04	8:27	
22	Sun	2:32	5.0	3:55	5.2	8:58	0.5	9:42	2.3	6:05	8:27	
23	Mon	3:19	4.5	4:24	5.3	9:30	1.1	10:37	2.1	6:06	8:26	
24	Tue	4:15	4.0	4:57	5.4	10:03	1.6	11:40	1.8	6:07	8:25	
25	Wed	5:29	3.6	5:34	5.5	10:42	2.2			6:07	8:24	
26	Thu	7:11	3.4	6:19	5.6	12:46	1.5	11:31 AM	2.8	6:08	8:23	
27	Fri	9:00	3.6	7:09	5.8	1:49	1.1	12:36	3.2	6:09	8:23	
28	Sat	10:15	3.9	8:02	6.0	2:46	0.6	1:47	3.4	6:10	8:22	
29	Sun	11:03	4.2	8:55	6.3	3:35	0.2	2:50	3.4	6:11	8:21	
30	Mon	11:42	4.5	9:47	6.5	4:20	-0.3	3:44	3.3	6:11	8:20	
31	Tue			12:16	4.7	5:01	-0.7	4:33	3.1	6:12	8:19	