

































Alcatraz Island, CA - Oct 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:10	5.6	12:56	6.7	6:33	1.4	7:23	-0.7	7:05	6:52	
2	Tue	2:10	5.3	1:36	6.7	7:16	2.0	8:16	-0.7	7:06	6:51	
3	Wed	3:13	5.0	2:19	6.6	8:03	2.5	9:12	-0.6	7:07	6:49	
4	Thu	4:22	4.7	3:09	6.3	8:57	3.0	10:13	-0.3	7:08	6:48	
5	Fri	5:39	4.6	4:07	5.9	10:07	3.3	11:23	0.0	7:09	6:46	
6	Sat	6:58	4.6	5:15	5.5	11:36	3.4			7:10	6:45	
7	Sun	8:07	4.7	6:30	5.2	12:35	0.2	1:03	3.2	7:11	6:43	
8	Mon	8:59	4.9	7:44	5.1	1:41	0.3	2:13	2.8	7:12	6:42	
9	Tue	9:40	5.1	8:50	5.0	2:36	0.4	3:09	2.3	7:12	6:40	
10	Wed	10:13	5.2	9:47	5.0	3:21	0.6	3:55	1.8	7:13	6:39	
11	Thu	10:41	5.3	10:37	5.0	3:59	0.8	4:35	1.4	7:14	6:37	
12	Fri	11:05	5.5	11:24	4.9	4:33	1.1	5:11	1.0	7:15	6:36	
13	Sat	11:27	5.6			5:03	1.4	5:44	0.7	7:16	6:34	
14	Sun	12:08	4.8	11:48 AM	5.7	5:32	1.8	6:15	0.4	7:17	6:33	
15	Mon	12:52	4.7	12:11	5.8	6:01	2.1	6:46	0.2	7:18	6:32	
16	Tue	1:36	4.6	12:37	5.8	6:30	2.5	7:19	0.1	7:19	6:30	
17	Wed	2:21	4.5	1:06	5.8	7:01	2.8	7:55	0.0	7:20	6:29	
18	Thu	3:11	4.4	1:39	5.8	7:35	3.1	8:36	0.0	7:21	6:27	
19	Fri	4:06	4.3	2:18	5.7	8:13	3.3	9:23	0.1	7:22	6:26	
20	Sat	5:10	4.2	3:06	5.5	9:04	3.5	10:20	0.1	7:23	6:25	
21	Sun	6:18	4.3	4:05	5.3	10:16	3.6	11:23	0.2	7:24	6:24	
22	Mon	7:18	4.4	5:17	5.1	11:48	3.4			7:25	6:22	
23	Tue	8:05	4.7	6:37	5.0	12:28	0.2	1:10	3.0	7:26	6:21	
24	Wed	8:43	5.0	7:55	5.0	1:28	0.2	2:14	2.3	7:27	6:20	
25	Thu	9:17	5.4	9:07	5.1	2:20	0.4	3:08	1.5	7:28	6:18	
26	Fri	9:51	5.8	10:14	5.2	3:08	0.6	3:58	0.6	7:29	6:17	
27	Sat	10:25	6.3	11:17	5.2	3:52	1.0	4:45	-0.2	7:30	6:16	
28	Sun	11:01	6.6			4:36	1.4	5:33	-0.8	7:31	6:15	
29	Mon	12:18	5.2	11:38 AM	6.9	5:20	1.9	6:20	-1.2	7:32	6:14	
30	Tue	1:17	5.2	12:19	6.9	6:05	2.3	7:08	-1.4	7:33	6:13	
31	Wed	2:16	5.1	1:02	6.8	6:53	2.7	7:58	-1.3	7:34	6:11	