



































Alcatraz Island, CA - Jan 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:38	4.7	10:57 AM	6.2	5:05	3.0	5:55	-0.7	7:25	5:01	
2	Thu	1:09	4.8	11:35 AM	6.1	5:43	2.9	6:27	-0.7	7:25	5:02	
3	Fri	1:40	4.9	12:14	5.9	6:23	2.8	6:59	-0.6	7:25	5:02	
4	Sat	2:11	5.0	12:56	5.6	7:07	2.6	7:33	-0.3	7:25	5:03	
5	Sun	2:44	5.1	1:42	5.2	7:57	2.4	8:10	0.1	7:25	5:04	
6	Mon	3:19	5.3	2:38	4.7	8:55	2.2	8:50	0.6	7:25	5:05	
7	Tue	3:57	5.5	3:49	4.1	10:02	1.8	9:35	1.2	7:25	5:06	
8	Wed	4:39	5.8	5:21	3.8	11:15	1.3	10:28	1.9	7:25	5:07	
9	Thu	5:27	6.0	7:04	3.7			12:27	0.7	7:25	5:08	
10	Fri	6:20	6.3	8:34	4.0			1:32	0.1	7:25	5:09	
11	Sat	7:16	6.6	9:42	4.4	12:43	2.8	2:30	-0.5	7:24	5:10	
12	Sun	8:12	6.8	10:35	4.7	1:52	2.9	3:23	-1.0	7:24	5:11	
13	Mon	9:07	7.0	11:21	5.0	2:55	2.9	4:12	-1.3	7:24	5:12	
14	Tue	10:00	7.0			3:52	2.7	4:58	-1.4	7:24	5:13	
15	Wed	12:04	5.2	10:52 AM	6.9	4:47	2.5	5:41	-1.4	7:23	5:14	
16	Thu	12:44	5.4	11:41 AM	6.6	5:40	2.3	6:22	-1.1	7:23	5:15	
17	Fri	1:23	5.5	12:30	6.2	6:32	2.1	7:02	-0.7	7:23	5:16	
18	Sat	2:00	5.6	1:20	5.6	7:26	1.9	7:41	-0.2	7:22	5:17	
19	Sun	2:37	5.6	2:11	5.0	8:21	1.8	8:20	0.5	7:22	5:18	
20	Mon	3:14	5.6	3:10	4.4	9:21	1.7	9:00	1.2	7:21	5:19	
21	Tue	3:52	5.6	4:21	3.8	10:27	1.6	9:45	1.8	7:21	5:20	
22	Wed	4:33	5.6	5:55	3.6	11:37	1.3	10:39	2.5	7:20	5:21	
23	Thu	5:18	5.5	7:41	3.6			12:44	1.1	7:20	5:22	
24	Fri	6:09	5.6	8:59	3.9			1:44	0.7	7:19	5:23	
25	Sat	7:01	5.7	9:51	4.2	12:56	3.1	2:35	0.4	7:18	5:25	
26	Sun	7:51	5.8	10:31	4.4	1:58	3.2	3:17	0.1	7:18	5:26	
27	Mon	8:38	5.9	11:03	4.5	2:48	3.1	3:55	-0.2	7:17	5:27	
28	Tue	9:22	6.1	11:33	4.7	3:32	3.0	4:28	-0.4	7:16	5:28	
29	Wed	10:03	6.1			4:11	2.8	4:59	-0.5	7:15	5:29	
30	Thu	12:00	4.8	10:44 AM	6.1	4:48	2.6	5:29	-0.6	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	12:28	5.0	11:24 AM	6.0	5:26	2.3	6:00	-0.5	7:14	5:31	