










Alcatraz Island, CA - Jun 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:25	5.6	5:27	5.2	10:11	-0.8	10:57	2.3	5:48	8:26	
2	Tue	4:30	4.9	6:17	5.3	11:04	-0.2			5:48	8:27	
3	Wed	5:44	4.3	7:05	5.5	12:16	1.9	11:59 AM	0.4	5:48	8:27	
4	Thu	7:08	3.9	7:51	5.7	1:29	1.5	12:53	1.0	5:47	8:28	
5	Fri	8:33	3.8	8:32	5.8	2:32	0.9	1:47	1.5	5:47	8:29	
6	Sat	9:51	3.9	9:10	5.9	3:26	0.4	2:39	2.0	5:47	8:29	
7	Sun	10:55	4.1	9:46	6.0	4:12	0.0	3:27	2.4	5:47	8:30	
8	Mon	11:49	4.2	10:20	6.0	4:52	-0.3	4:12	2.7	5:47	8:30	
9	Tue			12:36	4.4	5:29	-0.5	4:55	2.9	5:47	8:31	
10	Wed			1:18	4.5	6:03	-0.6	5:35	3.0	5:47	8:31	
11	Thu			1:56	4.5	6:36	-0.6	6:14	3.1	5:47	8:32	
12	Fri	12:04	5.9	2:31	4.5	7:09	-0.7	6:53	3.1	5:47	8:32	
13	Sat	12:40	5.8	3:05	4.5	7:42	-0.7	7:33	3.0	5:47	8:33	
14	Sun	1:18	5.6	3:39	4.6	8:15	-0.6	8:16	3.0	5:47	8:33	
15	Mon	1:57	5.4	4:13	4.7	8:50	-0.4	9:06	2.9	5:47	8:33	
16	Tue	2:40	5.1	4:48	4.8	9:26	-0.2	10:03	2.7	5:47	8:34	
17	Wed	3:29	4.7	5:25	5.0	10:06	0.2	11:08	2.4	5:47	8:34	
18	Thu	4:30	4.2	6:04	5.3	10:49	0.6			5:47	8:34	
19	Fri	5:47	3.9	6:44	5.6	12:16	1.9	11:38 AM	1.1	5:47	8:34	
20	Sat	7:19	3.7	7:27	5.9	1:22	1.3	12:32	1.7	5:47	8:35	
21	Sun	8:51	3.7	8:13	6.3	2:21	0.6	1:30	2.1	5:48	8:35	
22	Mon	10:10	4.0	9:01	6.6	3:16	-0.2	2:30	2.5	5:48	8:35	
23	Tue	11:14	4.3	9:51	6.9	4:07	-0.8	3:29	2.7	5:48	8:35	
24	Wed			12:10	4.6	4:57	-1.3	4:26	2.8	5:49	8:35	
25	Thu			1:00	4.9	5:47	-1.6	5:23	2.7	5:49	8:35	
26	Fri			1:46	5.1	6:35	-1.8	6:20	2.6	5:49	8:35	
27	Sat	12:27	7.0	2:31	5.2	7:22	-1.7	7:18	2.5	5:50	8:35	
28	Sun	1:20	6.6	3:15	5.4	8:08	-1.4	8:19	2.3	5:50	8:35	
29	Mon	2:14	6.1	3:59	5.5	8:53	-0.9	9:23	2.2	5:50	8:35	
30	Tue	3:11	5.5	4:42	5.6	9:38	-0.3	10:32	1.9	5:51	8:35	