













Alcatraz Island, CA - Jul 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:12	4.8	5:26	5.7	10:25	0.4	11:44	1.7	5:51	8:35	
2	Thu	5:24	4.2	6:11	5.8	11:13	1.1			5:52	8:35	
3	Fri	6:50	3.8	6:56	5.8	12:56	1.3	12:07	1.7	5:52	8:35	
4	Sat	8:24	3.7	7:42	5.9	2:01	0.9	1:05	2.3	5:53	8:35	
5	Sun	9:47	3.9	8:26	5.9	2:58	0.6	2:04	2.7	5:54	8:35	
6	Mon	10:50	4.1	9:09	6.0	3:48	0.2	3:01	3.0	5:54	8:34	
7	Tue	11:40	4.3	9:50	6.1	4:31	0.0	3:51	3.1	5:55	8:34	
8	Wed			12:21	4.5	5:09	-0.2	4:36	3.1	5:55	8:34	
9	Thu			12:56	4.6	5:44	-0.4	5:17	3.1	5:56	8:33	
10	Fri			1:28	4.7	6:16	-0.5	5:56	3.0	5:57	8:33	
11	Sat			1:57	4.7	6:47	-0.5	6:33	2.9	5:57	8:33	
12	Sun	12:24	6.0	2:26	4.8	7:17	-0.5	7:12	2.8	5:58	8:32	
13	Mon	1:03	5.8	2:55	5.0	7:47	-0.4	7:54	2.6	5:59	8:32	
14	Tue	1:43	5.5	3:25	5.1	8:18	-0.2	8:40	2.4	5:59	8:31	
15	Wed	2:26	5.2	3:57	5.3	8:51	0.2	9:32	2.2	6:00	8:31	
16	Thu	3:17	4.7	4:31	5.5	9:28	0.7	10:31	1.9	6:01	8:30	
17	Fri	4:19	4.3	5:10	5.8	10:08	1.2	11:38	1.5	6:01	8:30	
18	Sat	5:40	3.9	5:54	6.0	10:56	1.8			6:02	8:29	
19	Sun	7:18	3.7	6:45	6.2	12:48	0.9	11:54 AM	2.4	6:03	8:28	
20	Mon	8:54	3.8	7:41	6.5	1:56	0.4	1:03	2.8	6:04	8:28	
21	Tue	10:09	4.2	8:39	6.8	2:57	-0.2	2:13	3.0	6:05	8:27	
22	Wed	11:06	4.5	9:37	7.0	3:53	-0.7	3:19	2.9	6:05	8:26	
23	Thu	11:54	4.8	10:33	7.1	4:44	-1.1	4:20	2.8	6:06	8:25	
24	Fri			12:37	5.1	5:32	-1.2	5:16	2.5	6:07	8:25	
25	Sat			1:18	5.3	6:17	-1.2	6:11	2.2	6:08	8:24	
26	Sun	12:19	6.8	1:57	5.5	7:00	-1.0	7:06	2.0	6:09	8:23	
27	Mon	1:11	6.4	2:35	5.7	7:41	-0.7	8:01	1.8	6:09	8:22	
28	Tue	2:03	5.9	3:13	5.8	8:22	-0.1	8:57	1.6	6:10	8:21	
29	Wed	2:57	5.3	3:51	5.8	9:02	0.5	9:57	1.5	6:11	8:20	
30	Thu	3:57	4.7	4:31	5.8	9:44	1.2	11:01	1.4	6:12	8:19	
31	Fri	5:06	4.2	5:13	5.8	10:30	1.9			6:13	8:18	