






























Alcatraz Island, CA - Feb 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:06	6.9	11:47	5.4	3:56	2.3	4:51	-1.3	7:12	5:33	
2	Tue	10:59	6.8			4:50	1.9	5:34	-1.2	7:11	5:34	
3	Wed	12:26	5.6	11:51 AM	6.5	5:42	1.6	6:15	-0.8	7:11	5:35	
4	Thu	1:04	5.8	12:43	6.0	6:35	1.3	6:56	-0.3	7:10	5:37	
5	Fri	1:42	5.9	1:37	5.5	7:29	1.1	7:36	0.3	7:09	5:38	
6	Sat	2:20	6.0	2:35	4.8	8:26	1.0	8:19	1.0	7:08	5:39	
7	Sun	3:01	5.9	3:42	4.3	9:27	1.0	9:05	1.7	7:07	5:40	
8	Mon	3:44	5.8	5:04	3.9	10:35	0.9	10:00	2.3	7:06	5:41	
9	Tue	4:33	5.7	6:42	3.8	11:47	0.9	11:09	2.8	7:05	5:42	
10	Wed	5:28	5.6	8:09	4.0			12:57	0.7	7:03	5:43	
11	Thu	6:28	5.5	9:10	4.2	12:26	3.0	1:58	0.5	7:02	5:44	
12	Fri	7:25	5.5	9:55	4.4	1:34	3.0	2:47	0.3	7:01	5:45	
13	Sat	8:17	5.6	10:30	4.6	2:29	2.9	3:28	0.1	7:00	5:46	
14	Sun	9:04	5.7	10:59	4.7	3:16	2.7	4:03	0.0	6:59	5:48	
15	Mon	9:46	5.7	11:26	4.8	3:56	2.4	4:34	-0.1	6:58	5:49	
16	Tue	10:26	5.7	11:51	5.0	4:32	2.2	5:03	-0.1	6:57	5:50	
17	Wed	11:05	5.6			5:07	1.9	5:30	0.0	6:55	5:51	
18	Thu	12:16	5.1	11:44 AM	5.5	5:41	1.7	5:58	0.2	6:54	5:52	
19	Fri	12:41	5.3	12:24	5.3	6:17	1.4	6:26	0.5	6:53	5:53	
20	Sat	1:08	5.4	1:07	5.0	6:56	1.2	6:57	0.9	6:52	5:54	
21	Sun	1:38	5.6	1:56	4.6	7:39	1.0	7:31	1.3	6:50	5:55	
22	Mon	2:11	5.7	2:55	4.2	8:28	0.8	8:09	1.8	6:49	5:56	
23	Tue	2:50	5.8	4:09	3.9	9:27	0.6	8:56	2.3	6:48	5:57	
24	Wed	3:38	5.8	5:42	3.7	10:35	0.5	9:59	2.8	6:46	5:58	
25	Thu	4:37	5.8	7:15	3.9	11:51	0.2	11:23	3.0	6:45	5:59	
26	Fri	5:47	5.8	8:24	4.2			1:02	-0.1	6:44	6:00	
27	Sat	6:58	6.0	9:15	4.6	12:48	2.9	2:04	-0.4	6:42	6:01	
28	Sun	8:05	6.1	9:57	4.9	1:59	2.5	2:56	-0.6	6:41	6:02	