US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:06**	6.2	**10:35**	5.3	**2:59**	2.0	**3:43**	-0.7	6:39	6:03	
2	Tue	**10:02**	6.3	**11:11**	5.6	**3:52**	1.5	**4:26**	-0.6	6:38	6:04	
3	Wed	**10:56**	6.1	**11:47**	5.8	**4:42**	1.0	**5:07**	-0.4	6:37	6:05	
4	Thu	**11:48**	5.9			**5:31**	0.7	**5:47**	0.0	6:35	6:06	
5	Fri	**12:22**	6.0	**12:39**	5.5	**6:18**	0.4	**6:26**	0.5	6:34	6:07	
6	Sat	**12:57**	6.0	**1:32**	5.1	**7:06**	0.3	**7:05**	1.1	6:32	6:08	
7	Sun	**1:33**	6.0	**2:28**	4.6	**7:55**	0.3	**7:47**	1.7	6:31	6:09	
8	Mon	**2:10**	5.8	**3:31**	4.2	**8:47**	0.4	**8:32**	2.2	6:29	6:10	
9	Tue	**2:51**	5.6	**4:46**	4.0	**9:45**	0.5	**9:29**	2.7	6:28	6:11	
10	Wed	**3:38**	5.3	**6:15**	3.9	**10:51**	0.7	**10:43**	3.0	6:26	6:12	
11	Thu	**4:35**	5.1	**7:35**	4.0			**12:03**	0.7	6:25	6:13	
12	Fri	**5:41**	5.0	**8:31**	4.2	**12:05**	3.0	**1:08**	0.6	6:23	6:14	
13	Sat	**6:48**	4.9	**9:11**	4.4	**1:15**	2.9	**2:01**	0.5	6:22	6:15	
14	Sun	**8:48**	5.0	**10:42**	4.6	**3:10**	2.6	**3:45**	0.4	7:20	7:16	
15	Mon	**9:40**	5.1	**11:09**	4.7	**3:55**	2.2	**4:21**	0.3	7:19	7:17	
16	Tue	**10:27**	5.2	**11:34**	4.9	**4:34**	1.8	**4:54**	0.3	7:17	7:18	
17	Wed	**11:11**	5.2	**11:59**	5.1	**5:10**	1.5	**5:24**	0.4	7:16	7:19	
18	Thu	**11:54**	5.2			**5:45**	1.1	**5:53**	0.6	7:14	7:20	
19	Fri	**12:25**	5.4	**12:38**	5.1	**6:19**	0.7	**6:23**	0.8	7:13	7:21	
20	Sat	**12:53**	5.6	**1:23**	5.0	**6:55**	0.4	**6:55**	1.2	7:11	7:21	
21	Sun	**1:22**	5.7	**2:11**	4.8	**7:35**	0.1	**7:29**	1.5	7:10	7:22	
22	Mon	**1:54**	5.8	**3:04**	4.5	**8:18**	-0.1	**8:07**	1.9	7:08	7:23	
23	Tue	**2:31**	5.9	**4:05**	4.3	**9:07**	-0.2	**8:51**	2.3	7:07	7:24	
24	Wed	**3:15**	5.8	**5:17**	4.1	**10:04**	-0.2	**9:46**	2.7	7:05	7:25	
25	Thu	**4:09**	5.7	**6:37**	4.0	**11:10**	-0.2	**11:01**	2.9	7:04	7:26	
26	Fri	**5:15**	5.5	**7:53**	4.2			**12:23**	-0.1	7:02	7:27	
27	Sat	**6:31**	5.4	**8:52**	4.5	**12:33**	2.8	**1:33**	-0.2	7:01	7:28	
28	Sun	**7:48**	5.3	**9:39**	4.9	**1:55**	2.5	**2:34**	-0.2	6:59	7:29	
29	Mon	**8:59**	5.4	**10:19**	5.2	**3:02**	1.9	**3:27**	-0.2	6:58	7:30	
30	Tue	**10:03**	5.4	**10:57**	5.6	**3:57**	1.3	**4:13**	0.0	6:56	7:31	
31	Wed	**11:01**	5.4	**11:32**	5.8	**4:47**	0.7	**4:56**	0.2	6:55	7:32	