
































Alcatraz Island, CA - Apr 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:56	5.3			5:34	0.2	5:37	0.6	6:53	7:33	
2	Fri	12:06	6.0	12:48	5.2	6:18	-0.2	6:17	1.0	6:52	7:33	
3	Sat	12:40	6.0	1:40	5.0	7:01	-0.4	6:56	1.4	6:50	7:34	
4	Sun	1:14	6.0	2:31	4.7	7:43	-0.4	7:36	1.9	6:49	7:35	
5	Mon	1:48	5.9	3:24	4.5	8:26	-0.3	8:19	2.3	6:47	7:36	
6	Tue	2:23	5.6	4:21	4.3	9:11	-0.2	9:06	2.6	6:46	7:37	
7	Wed	3:02	5.4	5:25	4.1	10:00	0.1	10:04	2.9	6:44	7:38	
8	Thu	3:48	5.0	6:35	4.0	10:57	0.3	11:18	3.0	6:43	7:39	
9	Fri	4:43	4.7	7:41	4.1			12:00	0.5	6:41	7:40	
10	Sat	5:50	4.5	8:32	4.2	12:38	2.9	1:03	0.6	6:40	7:41	
11	Sun	7:02	4.4	9:11	4.4	1:48	2.6	1:59	0.6	6:38	7:42	
12	Mon	8:10	4.4	9:42	4.7	2:43	2.2	2:46	0.7	6:37	7:43	
13	Tue	9:12	4.4	10:10	4.9	3:29	1.7	3:26	0.7	6:35	7:44	
14	Wed	10:06	4.5	10:37	5.2	4:08	1.2	4:03	0.9	6:34	7:44	
15	Thu	10:57	4.6	11:06	5.5	4:45	0.7	4:37	1.1	6:33	7:45	
16	Fri	11:46	4.7	11:35	5.7	5:20	0.2	5:12	1.3	6:31	7:46	
17	Sat			12:35	4.7	5:57	-0.2	5:47	1.6	6:30	7:47	
18	Sun	12:07	5.9	1:25	4.7	6:36	-0.6	6:25	1.9	6:29	7:48	
19	Mon	12:42	6.1	2:17	4.7	7:17	-0.9	7:05	2.1	6:27	7:49	
20	Tue	1:20	6.1	3:11	4.6	8:03	-1.0	7:51	2.4	6:26	7:50	
21	Wed	2:03	6.1	4:10	4.5	8:53	-1.0	8:43	2.6	6:25	7:51	
22	Thu	2:53	5.9	5:13	4.4	9:48	-0.9	9:49	2.8	6:23	7:52	
23	Fri	3:51	5.6	6:18	4.5	10:49	-0.6	11:11	2.7	6:22	7:53	
24	Sat	5:00	5.2	7:19	4.7	11:54	-0.4			6:21	7:54	
25	Sun	6:19	4.9	8:12	5.0	12:40	2.4	12:59	-0.1	6:19	7:55	
26	Mon	7:39	4.7	8:58	5.3	1:56	1.9	1:58	0.2	6:18	7:56	
27	Tue	8:55	4.6	9:39	5.6	2:59	1.2	2:51	0.5	6:17	7:56	
28	Wed	10:03	4.6	10:17	5.9	3:52	0.5	3:39	0.8	6:16	7:57	
29	Thu	11:04	4.7	10:53	6.0	4:40	0.0	4:24	1.2	6:15	7:58	
30	Fri			12:00	4.7	5:24	-0.4	5:07	1.5	6:13	7:59	