

































## Alcatraz Island, CA - May 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:53	4.7	6:05	-0.7	5:48	1.9	6:12	8:00	
2	Sun	12:01	6.1	1:42	4.7	6:44	-0.8	6:30	2.2	6:11	8:01	
3	Mon	12:35	6.0	2:30	4.6	7:23	-0.8	7:12	2.5	6:10	8:02	
4	Tue	1:09	5.8	3:18	4.5	8:01	-0.7	7:56	2.7	6:09	8:03	
5	Wed	1:45	5.6	4:06	4.4	8:41	-0.5	8:43	2.9	6:08	8:04	
6	Thu	2:24	5.3	4:56	4.3	9:24	-0.3	9:38	3.0	6:07	8:05	
7	Fri	3:08	5.0	5:47	4.3	10:10	0.0	10:45	3.0	6:06	8:06	
8	Sat	3:59	4.6	6:37	4.3	11:00	0.2			6:05	8:07	
9	Sun	5:00	4.3	7:21	4.5	12:00	2.8	11:53 AM	0.5	6:04	8:07	
10	Mon	6:11	4.0	8:00	4.7	1:10	2.5	12:47	0.8	6:03	8:08	
11	Tue	7:27	3.8	8:35	4.9	2:08	2.0	1:37	1.0	6:02	8:09	
12	Wed	8:41	3.9	9:08	5.3	2:56	1.4	2:23	1.2	6:01	8:10	
13	Thu	9:47	4.0	9:41	5.6	3:38	0.8	3:07	1.5	6:00	8:11	
14	Fri	10:46	4.2	10:15	5.9	4:17	0.2	3:49	1.8	5:59	8:12	
15	Sat	11:41	4.4	10:51	6.2	4:56	-0.4	4:31	2.0	5:58	8:13	
16	Sun			12:34	4.5	5:36	-0.9	5:14	2.2	5:58	8:14	
17	Mon			1:25	4.7	6:18	-1.3	5:59	2.4	5:57	8:14	
18	Tue	12:12	6.5	2:16	4.7	7:03	-1.5	6:47	2.6	5:56	8:15	
19	Wed	12:57	6.5	3:07	4.8	7:50	-1.6	7:40	2.6	5:55	8:16	
20	Thu	1:46	6.3	3:59	4.8	8:40	-1.5	8:41	2.6	5:55	8:17	
21	Fri	2:40	6.0	4:52	4.9	9:32	-1.2	9:51	2.6	5:54	8:18	
22	Sat	3:41	5.5	5:46	5.0	10:27	-0.8	11:11	2.3	5:53	8:19	
23	Sun	4:49	5.0	6:39	5.3	11:24	-0.3			5:53	8:19	
24	Mon	6:08	4.5	7:29	5.5	12:33	1.9	12:22	0.2	5:52	8:20	
25	Tue	7:32	4.2	8:15	5.8	1:46	1.3	1:19	0.7	5:52	8:21	
26	Wed	8:54	4.1	8:59	6.0	2:49	0.7	2:14	1.2	5:51	8:22	
27	Thu	10:07	4.2	9:39	6.2	3:43	0.1	3:06	1.7	5:51	8:22	
28	Fri	11:10	4.3	10:17	6.2	4:30	-0.3	3:55	2.0	5:50	8:23	
29	Sat			12:05	4.5	5:13	-0.6	4:41	2.3	5:50	8:24	
30	Sun			12:55	4.6	5:52	-0.8	5:26	2.6	5:49	8:25	
31	Mon			1:40	4.6	6:29	-0.8	6:09	2.8	5:49	8:25	