


Alcatraz Island, CA - Jul 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:21	5.9	2:32	4.8	7:18	-0.5	7:13	2.9	5:51	8:35	☀
2	Fri	12:58	5.7	3:02	4.8	7:49	-0.4	7:54	2.8	5:52	8:35	☀
3	Sat	1:35	5.5	3:32	4.9	8:20	-0.2	8:37	2.7	5:52	8:35	☀
4	Sun	2:15	5.2	4:03	5.0	8:52	0.1	9:26	2.6	5:53	8:35	☀
5	Mon	2:58	4.8	4:36	5.1	9:26	0.4	10:21	2.4	5:53	8:35	☀
6	Tue	3:49	4.3	5:11	5.3	10:02	0.9	11:23	2.1	5:54	8:34	☀
7	Wed	4:53	3.9	5:50	5.5	10:44	1.4			5:55	8:34	☀
8	Thu	6:16	3.6	6:33	5.7	12:28	1.7	11:33 AM	1.9	5:55	8:34	☀
9	Fri	7:53	3.6	7:21	6.0	1:31	1.1	12:31	2.4	5:56	8:33	☀
10	Sat	9:20	3.8	8:11	6.3	2:29	0.5	1:34	2.7	5:56	8:33	☀
11	Sun	10:28	4.1	9:02	6.6	3:22	-0.1	2:37	2.8	5:57	8:33	☀
12	Mon	11:22	4.4	9:55	6.9	4:11	-0.7	3:36	2.8	5:58	8:32	☀
13	Tue			12:09	4.7	4:59	-1.1	4:33	2.7	5:58	8:32	☀
14	Wed			12:52	5.0	5:46	-1.4	5:28	2.5	5:59	8:31	☀
15	Thu			1:34	5.3	6:31	-1.5	6:24	2.3	6:00	8:31	☀
16	Fri	12:34	6.9	2:16	5.5	7:16	-1.3	7:21	2.0	6:01	8:30	☀
17	Sat	1:28	6.5	2:57	5.7	8:00	-1.0	8:20	1.8	6:01	8:30	☀
18	Sun	2:23	6.0	3:39	5.9	8:44	-0.5	9:23	1.6	6:02	8:29	☀
19	Mon	3:23	5.4	4:23	6.0	9:30	0.2	10:31	1.4	6:03	8:28	☀
20	Tue	4:30	4.7	5:09	6.1	10:18	0.9	11:44	1.2	6:04	8:28	☀
21	Wed	5:48	4.2	5:58	6.1	11:11	1.6			6:04	8:27	☀
22	Thu	7:19	4.0	6:51	6.1	12:57	0.9	12:12	2.2	6:05	8:26	☀
23	Fri	8:50	4.0	7:44	6.1	2:05	0.6	1:20	2.7	6:06	8:26	☀
24	Sat	10:02	4.3	8:36	6.1	3:05	0.3	2:25	2.9	6:07	8:25	☀
25	Sun	10:58	4.5	9:25	6.1	3:56	0.1	3:23	3.0	6:08	8:24	☀
26	Mon	11:42	4.7	10:09	6.1	4:39	-0.1	4:13	2.9	6:08	8:23	☀
27	Tue			12:20	4.8	5:17	-0.2	4:56	2.9	6:09	8:22	☀
28	Wed			12:53	4.8	5:51	-0.2	5:36	2.7	6:10	8:21	☀
29	Thu			1:21	4.9	6:21	-0.2	6:14	2.6	6:11	8:21	☀
30	Fri	12:06	5.9	1:48	5.0	6:50	-0.1	6:50	2.5	6:12	8:20	☀
31	Sat	12:43	5.7	2:14	5.1	7:18	0.1	7:27	2.3	6:13	8:19	☀