US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:21	5.5	2:41	5.2	7:46	0.3	8:06	2.2	6:13	8:18	
2	Mon	2:00	5.2	3:09	5.3	8:15	0.6	8:49	2.0	6:14	8:17	
3	Tue	2:44	4.8	3:40	5.5	8:47	1.0	9:38	1.8	6:15	8:16	
4	Wed	3:35	4.4	4:15	5.6	9:22	1.5	10:34	1.6	6:16	8:15	
5	Thu	4:40	4.0	4:56	5.7	10:02	2.0	11:39	1.3	6:17	8:14	
6	Fri	6:06	3.8	5:45	5.9	10:53	2.5			6:18	8:12	
7	Sat	7:44	3.8	6:42	6.1	12:49	0.9	11:59 AM	2.9	6:19	8:11	
8	Sun	9:08	4.0	7:43	6.3	1:56	0.4	1:15	3.0	6:19	8:10	
9	Mon	10:09	4.3	8:44	6.6	2:56	-0.1	2:26	3.0	6:20	8:09	
10	Tue	10:57	4.7	9:42	6.8	3:49	-0.5	3:29	2.7	6:21	8:08	
11	Wed	11:39	5.0	10:39	6.9	4:38	-0.8	4:26	2.4	6:22	8:07	
12	Thu			12:19	5.3	5:24	-0.9	5:20	2.0	6:23	8:05	
13	Fri			12:57	5.6	6:07	-0.9	6:13	1.6	6:24	8:04	
14	Sat	12:28	6.7	1:36	5.9	6:50	-0.6	7:07	1.2	6:25	8:03	
15	Sun	1:22	6.3	2:14	6.1	7:32	-0.1	8:02	1.0	6:25	8:02	
16	Mon	2:18	5.8	2:54	6.2	8:14	0.4	8:58	0.9	6:26	8:00	
17	Tue	3:17	5.2	3:36	6.2	8:58	1.1	9:59	0.8	6:27	7:59	
18	Wed	4:23	4.7	4:21	6.1	9:46	1.8	11:06	0.8	6:28	7:58	
19	Thu	5:40	4.3	5:11	6.0	10:42	2.4			6:29	7:56	
20	Fri	7:10	4.2	6:07	5.8	12:17	0.8	11:51 AM	2.8	6:30	7:55	
21	Sat	8:35	4.3	7:08	5.7	1:28	0.7	1:06	3.0	6:31	7:54	
22	Sun	9:40	4.5	8:08	5.7	2:32	0.6	2:15	3.0	6:31	7:52	
23	Mon	10:29	4.7	9:02	5.8	3:25	0.4	3:12	2.9	6:32	7:51	
24	Tue	11:07	4.8	9:50	5.8	4:09	0.3	3:59	2.7	6:33	7:50	
25	Wed	11:39	4.9	10:33	5.8	4:46	0.3	4:40	2.5	6:34	7:48	
26	Thu			12:07	5.0	5:18	0.3	5:18	2.2	6:35	7:47	
27	Fri			12:32	5.1	5:48	0.3	5:53	2.0	6:36	7:45	
28	Sat			12:56	5.2	6:15	0.5	6:27	1.8	6:37	7:44	
29	Sun	12:32	5.5	1:21	5.4	6:42	0.7	7:02	1.5	6:37	7:42	
30	Mon	1:12	5.3	1:48	5.5	7:10	1.0	7:38	1.3	6:38	7:41	
31	Tue	1:55	5.1	2:16	5.6	7:40	1.3	8:19	1.1	6:39	7:39	