




























Alcatraz Island, CA - Sep 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:41	4.8	2:48	5.7	8:13	1.7	9:04	1.0	6:40	7:38	
2	Thu	3:36	4.5	3:25	5.8	8:49	2.1	9:58	0.9	6:41	7:37	
3	Fri	4:44	4.2	4:11	5.8	9:34	2.6	11:02	0.8	6:42	7:35	
4	Sat	6:07	4.0	5:07	5.8	10:32	2.9			6:42	7:33	
5	Sun	7:36	4.1	6:14	5.9	12:14	0.6	11:51 AM	3.1	6:43	7:32	
6	Mon	8:47	4.3	7:25	6.0	1:25	0.3	1:15	3.1	6:44	7:30	
7	Tue	9:40	4.7	8:33	6.2	2:29	0.0	2:27	2.7	6:45	7:29	
8	Wed	10:23	5.0	9:35	6.3	3:23	-0.2	3:28	2.2	6:46	7:27	
9	Thu	11:02	5.4	10:34	6.4	4:12	-0.3	4:22	1.7	6:47	7:26	
10	Fri	11:40	5.7	11:30	6.3	4:56	-0.3	5:13	1.1	6:47	7:24	
11	Sat			12:16	6.0	5:39	0.0	6:03	0.7	6:48	7:23	
12	Sun	12:25	6.1	12:53	6.2	6:20	0.4	6:52	0.4	6:49	7:21	
13	Mon	1:19	5.8	1:30	6.3	7:01	0.8	7:41	0.2	6:50	7:20	
14	Tue	2:15	5.4	2:08	6.3	7:44	1.4	8:32	0.2	6:51	7:18	
15	Wed	3:13	5.0	2:48	6.2	8:28	1.9	9:25	0.3	6:52	7:17	
16	Thu	4:16	4.7	3:32	5.9	9:18	2.5	10:24	0.5	6:53	7:15	
17	Fri	5:29	4.4	4:22	5.6	10:18	2.9	11:30	0.7	6:53	7:13	
18	Sat	6:50	4.4	5:20	5.4	11:33	3.1			6:54	7:12	
19	Sun	8:05	4.4	6:27	5.2	12:40	0.8	12:53	3.1	6:55	7:10	
20	Mon	9:03	4.6	7:34	5.1	1:45	0.8	2:01	2.9	6:56	7:09	
21	Tue	9:46	4.7	8:34	5.2	2:40	0.7	2:55	2.6	6:57	7:07	
22	Wed	10:19	4.9	9:28	5.2	3:25	0.7	3:41	2.3	6:58	7:06	
23	Thu	10:47	5.0	10:15	5.3	4:03	0.7	4:21	1.9	6:59	7:04	
24	Fri	11:13	5.2	10:59	5.3	4:36	0.8	4:57	1.5	6:59	7:02	
25	Sat	11:38	5.4	11:42	5.3	5:06	0.9	5:30	1.2	7:00	7:01	
26	Sun			12:03	5.6	5:35	1.1	6:04	0.9	7:01	6:59	
27	Mon	12:25	5.2	12:30	5.7	6:04	1.4	6:38	0.6	7:02	6:58	
28	Tue	1:09	5.1	12:58	5.9	6:35	1.7	7:15	0.3	7:03	6:56	
29	Wed	1:56	4.9	1:30	6.0	7:08	2.0	7:55	0.2	7:04	6:55	
30	Thu	2:46	4.7	2:05	6.0	7:45	2.4	8:41	0.1	7:05	6:53	