

































Alcatraz Island, CA - Oct 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:43	4.5	2:47	5.9	8:27	2.7	9:34	0.1	7:05	6:52	
2	Sat	4:50	4.4	3:38	5.8	9:19	3.0	10:35	0.1	7:06	6:50	
3	Sun	6:04	4.3	4:41	5.6	10:29	3.2	11:44	0.2	7:07	6:49	
4	Mon	7:16	4.5	5:55	5.5	11:58	3.1			7:08	6:47	
5	Tue	8:15	4.7	7:12	5.5	12:54	0.2	1:22	2.7	7:09	6:46	
6	Wed	9:03	5.1	8:26	5.5	1:57	0.1	2:30	2.2	7:10	6:44	
7	Thu	9:45	5.5	9:33	5.6	2:52	0.2	3:27	1.5	7:11	6:43	
8	Fri	10:23	5.8	10:34	5.6	3:41	0.3	4:18	0.8	7:12	6:41	
9	Sat	11:00	6.1	11:32	5.6	4:25	0.6	5:06	0.3	7:13	6:40	
10	Sun	11:36	6.3			5:08	0.9	5:52	-0.1	7:14	6:38	
11	Mon	12:27	5.5	12:12	6.4	5:50	1.3	6:37	-0.4	7:15	6:37	
12	Tue	1:21	5.3	12:48	6.4	6:32	1.8	7:21	-0.5	7:15	6:35	
13	Wed	2:14	5.1	1:26	6.3	7:16	2.2	8:06	-0.4	7:16	6:34	
14	Thu	3:09	4.9	2:04	6.0	8:02	2.6	8:53	-0.2	7:17	6:33	
15	Fri	4:07	4.7	2:47	5.7	8:53	2.9	9:43	0.1	7:18	6:31	
16	Sat	5:10	4.6	3:35	5.3	9:54	3.1	10:40	0.4	7:19	6:30	
17	Sun	6:16	4.5	4:31	5.0	11:10	3.2	11:41	0.6	7:20	6:28	
18	Mon	7:19	4.5	5:37	4.7			12:28	3.1	7:21	6:27	
19	Tue	8:10	4.7	6:49	4.5	12:44	0.8	1:36	2.8	7:22	6:26	
20	Wed	8:49	4.8	7:59	4.5	1:40	0.9	2:31	2.3	7:23	6:24	
21	Thu	9:21	5.0	9:01	4.6	2:28	1.0	3:17	1.9	7:24	6:23	
22	Fri	9:50	5.3	9:56	4.6	3:09	1.2	3:57	1.4	7:25	6:22	
23	Sat	10:17	5.5	10:46	4.7	3:46	1.3	4:33	0.9	7:26	6:21	
24	Sun	10:44	5.7	11:34	4.8	4:20	1.6	5:07	0.5	7:27	6:19	
25	Mon	11:13	5.9			4:53	1.8	5:41	0.1	7:28	6:18	
26	Tue	12:21	4.9	11:44 AM	6.1	5:27	2.1	6:17	-0.3	7:29	6:17	
27	Wed	1:09	4.9	12:17	6.2	6:03	2.3	6:56	-0.5	7:30	6:16	
28	Thu	1:58	4.8	12:54	6.3	6:42	2.6	7:38	-0.7	7:31	6:15	
29	Fri	2:49	4.8	1:35	6.2	7:25	2.8	8:25	-0.7	7:32	6:13	
30	Sat	3:44	4.7	2:23	6.1	8:15	3.0	9:17	-0.6	7:33	6:12	
31	Sun	4:43	4.7	3:18	5.8	9:16	3.1	10:14	-0.4	7:34	6:11	