





























Alcatraz Island, CA - Nov 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:44	4.7	4:24	5.4	10:33	3.0	11:16	-0.1	7:35	6:10	
2	Tue	6:43	4.9	5:40	5.1			12:02	2.8	7:36	6:09	
3	Wed	7:36	5.2	7:03	4.8	12:20	0.2	1:22	2.2	7:37	6:08	
4	Thu	8:23	5.6	8:22	4.8	1:21	0.5	2:28	1.5	7:39	6:07	
5	Fri	9:06	5.9	9:34	4.8	2:17	0.8	3:24	0.8	7:40	6:06	
6	Sat	9:45	6.2	10:39	4.9	3:08	1.1	4:13	0.1	7:41	6:05	
7	Sun	9:23	6.4	10:38	5.0	2:55	1.5	3:59	-0.3	6:42	5:04	
8	Mon	10:01	6.5	11:32	5.0	3:40	1.8	4:42	-0.7	6:43	5:03	
9	Tue	10:37	6.5			4:24	2.2	5:23	-0.8	6:44	5:02	
10	Wed	12:23	5.0	11:14 AM	6.4	5:09	2.5	6:04	-0.8	6:45	5:01	
11	Thu	1:13	5.0	11:51 AM	6.2	5:53	2.8	6:44	-0.7	6:46	5:01	
12	Fri	2:02	4.9	12:29	5.9	6:40	3.0	7:25	-0.5	6:47	5:00	
13	Sat	2:50	4.8	1:10	5.6	7:29	3.1	8:08	-0.2	6:48	4:59	
14	Sun	3:39	4.7	1:54	5.2	8:26	3.2	8:53	0.1	6:49	4:58	
15	Mon	4:29	4.6	2:45	4.8	9:33	3.1	9:42	0.5	6:50	4:57	
16	Tue	5:17	4.7	3:45	4.4	10:47	3.0	10:35	0.8	6:51	4:57	
17	Wed	6:02	4.8	4:57	4.1	11:57	2.6	11:28	1.1	6:52	4:56	
18	Thu	6:41	5.0	6:15	3.9			12:57	2.2	6:53	4:56	
19	Fri	7:16	5.2	7:31	3.9	12:19	1.4	1:46	1.6	6:54	4:55	
20	Sat	7:49	5.5	8:38	4.1	1:07	1.7	2:28	1.0	6:56	4:54	
21	Sun	8:22	5.8	9:36	4.3	1:51	1.9	3:06	0.5	6:57	4:54	
22	Mon	8:56	6.1	10:29	4.5	2:33	2.2	3:43	0.0	6:58	4:53	
23	Tue	9:31	6.3	11:18	4.7	3:14	2.4	4:20	-0.5	6:59	4:53	
24	Wed	10:08	6.5			3:55	2.6	4:59	-0.9	7:00	4:52	
25	Thu	12:06	4.8	10:48 AM	6.6	4:38	2.7	5:41	-1.2	7:01	4:52	
26	Fri	12:54	4.9	11:31 AM	6.6	5:23	2.8	6:25	-1.3	7:02	4:52	
27	Sat	1:42	4.9	12:18	6.5	6:13	2.9	7:11	-1.2	7:03	4:51	
28	Sun	2:30	5.0	1:09	6.2	7:08	2.9	8:00	-1.0	7:04	4:51	
29	Mon	3:20	5.1	2:07	5.8	8:13	2.8	8:51	-0.6	7:05	4:51	
30	Tue	4:11	5.2	3:12	5.2	9:29	2.6	9:46	-0.1	7:06	4:51	