





























## Alcatraz Island, CA - Dec 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:02	5.4	4:29	4.7	10:52	2.2	10:43	0.4	7:06	4:50	
2	Thu	5:52	5.7	5:55	4.3			12:10	1.6	7:07	4:50	
3	Fri	6:41	6.0	7:22	4.2			1:18	1.0	7:08	4:50	
4	Sat	7:27	6.2	8:41	4.3	12:41	1.5	2:16	0.3	7:09	4:50	
5	Sun	8:11	6.4	9:47	4.5	1:38	1.9	3:06	-0.2	7:10	4:50	
6	Mon	8:53	6.6	10:44	4.7	2:30	2.3	3:51	-0.6	7:11	4:50	
7	Tue	9:33	6.6	11:35	4.9	3:20	2.5	4:32	-0.8	7:12	4:50	
8	Wed	10:12	6.5			4:08	2.7	5:11	-0.9	7:13	4:50	
9	Thu	12:21	4.9	10:50 AM	6.4	4:53	2.9	5:48	-0.8	7:13	4:50	
10	Fri	1:03	4.9	11:27 AM	6.2	5:37	3.0	6:24	-0.7	7:14	4:50	
11	Sat	1:43	4.9	12:05	5.9	6:21	3.0	7:00	-0.5	7:15	4:50	
12	Sun	2:21	4.9	12:43	5.6	7:05	3.0	7:36	-0.3	7:16	4:51	
13	Mon	2:58	4.8	1:23	5.2	7:54	3.0	8:12	0.0	7:16	4:51	
14	Tue	3:34	4.8	2:08	4.8	8:48	2.9	8:50	0.4	7:17	4:51	
15	Wed	4:11	4.9	3:00	4.3	9:52	2.7	9:31	0.8	7:18	4:51	
16	Thu	4:49	5.0	4:06	3.9	11:00	2.4	10:15	1.3	7:18	4:52	
17	Fri	5:29	5.2	5:28	3.6			12:06	2.0	7:19	4:52	
18	Sat	6:09	5.4	7:00	3.6			1:03	1.5	7:20	4:53	
19	Sun	6:50	5.7	8:22	3.8	12:01	2.1	1:53	0.9	7:20	4:53	
20	Mon	7:32	6.0	9:28	4.0	12:57	2.5	2:37	0.3	7:21	4:53	
21	Tue	8:14	6.3	10:22	4.4	1:50	2.7	3:19	-0.3	7:21	4:54	
22	Wed	8:58	6.6	11:10	4.6	2:41	2.8	4:00	-0.8	7:22	4:54	
23	Thu	9:43	6.8	11:54	4.8	3:31	2.9	4:43	-1.2	7:22	4:55	
24	Fri	10:30	6.9			4:20	2.8	5:26	-1.4	7:23	4:56	
25	Sat	12:37	5.0	11:19 AM	6.9	5:10	2.7	6:10	-1.5	7:23	4:56	
26	Sun	1:19	5.2	12:09	6.7	6:03	2.5	6:54	-1.3	7:23	4:57	
27	Mon	2:02	5.4	1:02	6.3	7:00	2.4	7:39	-1.0	7:24	4:57	
28	Tue	2:45	5.5	2:00	5.7	8:03	2.2	8:26	-0.4	7:24	4:58	
29	Wed	3:30	5.7	3:04	5.0	9:13	1.9	9:14	0.2	7:24	4:59	
30	Thu	4:17	5.9	4:20	4.4	10:30	1.6	10:07	0.9	7:24	5:00	
31	Fri	5:07	6.0	5:47	4.1	11:48	1.1	11:09	1.5	7:25	5:00	