US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:02	6.2	7:20	4.0			12:59	0.7	7:25	5:01	
2	Sun	6:54	6.3	8:41	4.2	12:13	2.0	2:01	0.3	7:25	5:02	
3	Mon	7:45	6.4	9:46	4.5	1:18	2.4	2:54	-0.1	7:25	5:03	
4	Tue	8:32	6.4	10:38	4.7	2:17	2.6	3:40	-0.4	7:25	5:04	
5	Wed	9:16	6.4	11:23	4.8	3:10	2.7	4:21	-0.5	7:25	5:05	
6	Thu	9:58	6.3			3:58	2.8	4:57	-0.6	7:25	5:05	
7	Fri	12:03	4.9	10:36 AM	6.2	4:42	2.8	5:31	-0.5	7:25	5:06	
8	Sat	12:38	5.0	11:14 AM	6.0	5:23	2.7	6:03	-0.5	7:25	5:07	
9	Sun	1:10	5.0	11:50 AM	5.8	6:02	2.7	6:34	-0.3	7:25	5:08	
10	Mon	1:40	5.0	12:26	5.5	6:42	2.6	7:04	-0.1	7:24	5:09	
11	Tue	2:09	5.0	1:04	5.2	7:23	2.5	7:35	0.2	7:24	5:10	
12	Wed	2:39	5.1	1:45	4.8	8:08	2.4	8:07	0.6	7:24	5:11	
13	Thu	3:11	5.2	2:33	4.4	8:58	2.3	8:42	1.1	7:24	5:12	
14	Fri	3:46	5.2	3:32	3.9	9:57	2.1	9:21	1.5	7:23	5:13	
15	Sat	4:25	5.4	4:53	3.6	11:04	1.8	10:09	2.0	7:23	5:14	
16	Sun	5:10	5.5	6:32	3.5			12:11	1.3	7:23	5:15	
17	Mon	6:00	5.7	8:03	3.7			1:12	0.8	7:22	5:16	
18	Tue	6:52	6.0	9:11	4.0	12:17	2.8	2:05	0.2	7:22	5:17	
19	Wed	7:45	6.3	10:02	4.4	1:23	2.9	2:53	-0.3	7:21	5:19	
20	Thu	8:38	6.6	10:46	4.7	2:23	2.8	3:39	-0.8	7:21	5:20	
21	Fri	9:29	6.8	11:27	5.0	3:18	2.7	4:23	-1.2	7:20	5:21	
22	Sat	10:21	6.9			4:10	2.4	5:07	-1.3	7:20	5:22	
23	Sun	12:06	5.3	11:12 AM	6.9	5:02	2.1	5:49	-1.3	7:19	5:23	
24	Mon	12:45	5.5	12:04	6.6	5:54	1.8	6:32	-1.0	7:19	5:24	
25	Tue	1:25	5.8	12:58	6.2	6:49	1.5	7:15	-0.6	7:18	5:25	
26	Wed	2:06	5.9	1:55	5.6	7:47	1.3	7:59	0.0	7:17	5:26	
27	Thu	2:49	6.1	2:58	4.9	8:51	1.1	8:46	0.7	7:17	5:27	
28	Fri	3:35	6.1	4:12	4.4	10:00	1.0	9:38	1.4	7:16	5:28	
29	Sat	4:25	6.1	5:41	4.0	11:16	0.8	10:40	2.1	7:15	5:30	
30	Sun	5:20	6.0	7:16	4.0			12:31	0.6	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	**6:19**	6.0	**8:35**	4.2			**1:38**	0.3	7:13	5:32	