US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:56	5.1	1:51	5.0	8:17	2.5	8:22	0.3	7:25	5:01	
2	Mon	3:33	5.1	2:39	4.5	9:14	2.5	9:01	0.8	7:25	5:02	
3	Tue	4:11	5.2	3:37	4.0	10:18	2.3	9:44	1.3	7:25	5:03	
4	Wed	4:51	5.2	4:52	3.7	11:26	2.0	10:33	1.8	7:25	5:03	
5	Thu	5:33	5.3	6:23	3.5			12:31	1.6	7:25	5:04	
6	Fri	6:18	5.5	7:53	3.6			1:27	1.2	7:25	5:05	
7	Sat	7:03	5.7	9:03	3.9	12:30	2.5	2:15	0.7	7:25	5:06	
8	Sun	7:48	5.9	9:55	4.2	1:27	2.7	2:57	0.2	7:25	5:07	
9	Mon	8:32	6.2	10:39	4.4	2:19	2.8	3:36	-0.2	7:25	5:08	
10	Tue	9:15	6.4	11:18	4.7	3:06	2.8	4:14	-0.6	7:24	5:09	
11	Wed	9:59	6.5	11:56	4.9	3:51	2.7	4:51	-0.9	7:24	5:10	
12	Thu	10:43	6.6			4:36	2.6	5:29	-1.1	7:24	5:11	
13	Fri	12:33	5.1	11:29 AM	6.6	5:22	2.4	6:09	-1.1	7:24	5:12	
14	Sat	1:11	5.3	12:16	6.4	6:10	2.2	6:49	-0.9	7:24	5:13	
15	Sun	1:49	5.5	1:07	6.0	7:02	2.0	7:31	-0.6	7:23	5:14	
16	Mon	2:30	5.7	2:02	5.5	8:00	1.8	8:15	-0.1	7:23	5:15	
17	Tue	3:13	5.8	3:06	4.9	9:04	1.6	9:03	0.6	7:22	5:16	
18	Wed	4:00	6.0	4:22	4.3	10:17	1.3	9:56	1.2	7:22	5:17	
19	Thu	4:51	6.1	5:53	4.0	11:35	1.0	10:59	1.8	7:22	5:18	
20	Fri	5:46	6.2	7:26	4.0			12:49	0.5	7:21	5:19	
21	Sat	6:44	6.3	8:45	4.3	12:09	2.3	1:54	0.1	7:21	5:20	
22	Sun	7:41	6.4	9:46	4.6	1:19	2.5	2:50	-0.3	7:20	5:22	
23	Mon	8:34	6.4	10:36	4.9	2:23	2.6	3:38	-0.5	7:19	5:23	
24	Tue	9:24	6.4	11:19	5.1	3:18	2.6	4:20	-0.6	7:19	5:24	
25	Wed	10:09	6.3	11:58	5.2	4:08	2.5	4:59	-0.6	7:18	5:25	
26	Thu	10:52	6.2			4:54	2.3	5:34	-0.5	7:17	5:26	
27	Fri	12:33	5.2	11:32 AM	6.0	5:36	2.2	6:08	-0.3	7:17	5:27	
28	Sat	1:05	5.2	12:11	5.7	6:17	2.1	6:40	-0.1	7:16	5:28	
29	Sun	1:35	5.2	12:50	5.3	6:58	2.0	7:11	0.3	7:15	5:29	
30	Mon	2:04	5.2	1:30	4.9	7:40	2.0	7:43	0.7	7:14	5:30	
31	Tue	2:34	5.2	2:14	4.5	8:25	1.9	8:16	1.1	7:14	5:32	