US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:40	5.3	2:01	4.4	7:46	1.1	7:37	1.6	6:40	6:03	
2	Thu	2:10	5.3	2:51	4.1	8:29	1.1	8:12	2.0	6:39	6:04	
3	Fri	2:46	5.3	3:53	3.8	9:19	1.1	8:53	2.4	6:37	6:05	
4	Sat	3:29	5.2	5:15	3.6	10:19	1.0	9:49	2.7	6:36	6:06	
5	Sun	4:22	5.2	6:45	3.7	11:28	0.9	11:07	2.9	6:34	6:07	
6	Mon	5:24	5.2	7:57	4.0			12:36	0.6	6:33	6:08	
7	Tue	6:31	5.3	8:47	4.3	12:29	2.9	1:34	0.2	6:31	6:09	
8	Wed	7:34	5.5	9:27	4.6	1:35	2.6	2:25	-0.1	6:30	6:10	
9	Thu	8:33	5.8	10:03	5.0	2:29	2.2	3:10	-0.4	6:29	6:11	
10	Fri	9:28	6.0	10:39	5.3	3:19	1.7	3:53	-0.5	6:27	6:12	
11	Sat	10:22	6.1	11:15	5.7	4:06	1.2	4:35	-0.4	6:26	6:13	
12	Sun			12:15	6.0	5:54	0.6	6:16	-0.2	7:24	7:13	
13	Mon	12:51	6.0	1:09	5.8	6:43	0.2	6:58	0.2	7:23	7:14	
14	Tue	1:30	6.2	2:04	5.5	7:33	-0.1	7:42	0.6	7:21	7:15	
15	Wed	2:10	6.3	3:03	5.1	8:25	-0.3	8:28	1.2	7:20	7:16	
16	Thu	2:54	6.3	4:08	4.7	9:22	-0.3	9:19	1.7	7:18	7:17	
17	Fri	3:43	6.1	5:21	4.4	10:25	-0.1	10:21	2.2	7:17	7:18	
18	Sat	4:38	5.8	6:43	4.3	11:35	0.1	11:37	2.5	7:15	7:19	
19	Sun	5:42	5.5	8:02	4.4			12:49	0.2	7:14	7:20	
20	Mon	6:53	5.3	9:06	4.6	1:01	2.6	1:59	0.2	7:12	7:21	
21	Tue	8:03	5.2	9:57	4.8	2:16	2.4	2:58	0.2	7:10	7:22	
22	Wed	9:07	5.2	10:37	5.0	3:16	2.1	3:46	0.2	7:09	7:23	
23	Thu	10:02	5.2	11:12	5.1	4:06	1.7	4:27	0.3	7:07	7:24	
24	Fri	10:50	5.1	11:42	5.2	4:49	1.4	5:03	0.4	7:06	7:25	
25	Sat	11:34	5.1			5:27	1.1	5:35	0.6	7:04	7:26	
26	Sun	12:08	5.3	12:15	5.0	6:02	0.9	6:05	0.9	7:03	7:27	
27	Mon	12:33	5.3	12:54	4.8	6:35	0.6	6:34	1.1	7:01	7:28	
28	Tue	12:58	5.4	1:34	4.7	7:07	0.5	7:04	1.4	7:00	7:28	
29	Wed	1:24	5.4	2:14	4.5	7:40	0.4	7:34	1.7	6:58	7:29	
30	Thu	1:52	5.4	2:58	4.3	8:15	0.3	8:06	2.1	6:57	7:30	
31	Fri	2:23	5.4	3:47	4.1	8:55	0.3	8:43	2.4	6:55	7:31	