






















Alcatraz Island, CA - Jun 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:55	4.6	6:38	5.2	11:22	0.1			5:49	8:26	
2	Fri	6:14	4.2	7:25	5.5	12:36	1.9	12:19	0.5	5:48	8:26	
3	Sat	7:40	4.1	8:11	5.9	1:45	1.3	1:17	0.9	5:48	8:27	
4	Sun	9:01	4.1	8:57	6.3	2:45	0.6	2:15	1.3	5:48	8:28	
5	Mon	10:14	4.3	9:42	6.5	3:39	-0.1	3:10	1.6	5:47	8:28	
6	Tue	11:18	4.6	10:27	6.7	4:30	-0.7	4:04	1.9	5:47	8:29	
7	Wed			12:15	4.8	5:18	-1.2	4:56	2.1	5:47	8:29	
8	Thu			1:08	4.9	6:05	-1.4	5:49	2.3	5:47	8:30	
9	Fri			1:59	5.0	6:51	-1.4	6:42	2.4	5:47	8:30	
10	Sat	12:45	6.5	2:47	5.1	7:36	-1.3	7:36	2.5	5:47	8:31	
11	Sun	1:31	6.2	3:34	5.1	8:20	-1.1	8:32	2.5	5:47	8:31	
12	Mon	2:19	5.7	4:21	5.1	9:05	-0.7	9:33	2.5	5:47	8:32	
13	Tue	3:08	5.2	5:07	5.1	9:50	-0.3	10:39	2.5	5:47	8:32	
14	Wed	4:02	4.7	5:52	5.1	10:36	0.2	11:49	2.3	5:47	8:33	
15	Thu	5:03	4.1	6:36	5.2	11:25	0.8			5:47	8:33	
16	Fri	6:17	3.8	7:19	5.3	12:56	1.9	12:16	1.2	5:47	8:33	
17	Sat	7:40	3.6	7:59	5.4	1:57	1.5	1:09	1.7	5:47	8:34	
18	Sun	9:01	3.6	8:37	5.6	2:50	1.1	2:01	2.0	5:47	8:34	
19	Mon	10:09	3.8	9:14	5.8	3:36	0.7	2:50	2.3	5:47	8:34	
20	Tue	11:04	4.0	9:51	5.9	4:16	0.3	3:35	2.5	5:47	8:35	
21	Wed	11:50	4.2	10:28	6.1	4:53	-0.1	4:18	2.7	5:47	8:35	
22	Thu			12:32	4.4	5:28	-0.4	4:59	2.8	5:48	8:35	
23	Fri			1:11	4.6	6:03	-0.6	5:39	2.8	5:48	8:35	
24	Sat			1:49	4.7	6:38	-0.8	6:21	2.8	5:48	8:35	
25	Sun	12:25	6.2	2:26	4.8	7:14	-0.9	7:05	2.7	5:49	8:35	
26	Mon	1:07	6.1	3:05	5.0	7:52	-0.9	7:54	2.6	5:49	8:35	
27	Tue	1:52	5.8	3:44	5.1	8:32	-0.8	8:48	2.5	5:49	8:35	
28	Wed	2:42	5.5	4:26	5.3	9:15	-0.5	9:50	2.3	5:50	8:35	
29	Thu	3:39	5.0	5:09	5.5	10:01	0.0	11:00	2.0	5:50	8:35	
30	Fri	4:47	4.5	5:56	5.8	10:51	0.5			5:51	8:35	