





























Alcatraz Island, CA - Apr 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:20	5.5	11:58	5.7	5:08	0.8	5:20	0.1	6:53	7:33	
2	Wed			12:10	5.3	5:52	0.4	5:59	0.5	6:51	7:34	
3	Thu	12:32	5.7	12:59	5.2	6:34	0.2	6:37	0.8	6:50	7:34	
4	Fri	1:04	5.7	1:46	5.0	7:14	0.0	7:15	1.2	6:48	7:35	
5	Sat	1:36	5.6	2:33	4.7	7:54	0.0	7:52	1.7	6:47	7:36	
6	Sun	2:07	5.5	3:23	4.5	8:34	0.0	8:32	2.1	6:46	7:37	
7	Mon	2:40	5.3	4:16	4.2	9:17	0.2	9:17	2.5	6:44	7:38	
8	Tue	3:17	5.1	5:18	4.0	10:05	0.3	10:12	2.8	6:43	7:39	
9	Wed	4:02	4.9	6:28	4.0	11:00	0.5	11:26	2.9	6:41	7:40	
10	Thu	4:57	4.6	7:38	4.1			12:02	0.6	6:40	7:41	
11	Fri	6:02	4.5	8:33	4.2	12:48	2.9	1:06	0.6	6:38	7:42	
12	Sat	7:13	4.4	9:14	4.5	1:56	2.6	2:02	0.6	6:37	7:43	
13	Sun	8:19	4.5	9:48	4.7	2:49	2.3	2:51	0.5	6:35	7:44	
14	Mon	9:18	4.6	10:20	5.0	3:33	1.8	3:33	0.5	6:34	7:45	
15	Tue	10:11	4.8	10:50	5.2	4:12	1.3	4:12	0.5	6:33	7:45	
16	Wed	11:02	4.9	11:21	5.5	4:49	0.8	4:50	0.6	6:31	7:46	
17	Thu	11:52	5.0	11:54	5.8	5:27	0.3	5:27	0.8	6:30	7:47	
18	Fri			12:42	5.0	6:06	-0.2	6:06	1.1	6:29	7:48	
19	Sat	12:29	6.0	1:33	5.0	6:48	-0.6	6:47	1.4	6:27	7:49	
20	Sun	1:06	6.1	2:27	4.9	7:32	-0.8	7:31	1.7	6:26	7:50	
21	Mon	1:47	6.1	3:25	4.8	8:21	-0.9	8:20	2.1	6:25	7:51	
22	Tue	2:32	6.0	4:27	4.7	9:14	-0.9	9:18	2.4	6:23	7:52	
23	Wed	3:24	5.8	5:34	4.6	10:13	-0.7	10:29	2.6	6:22	7:53	
24	Thu	4:25	5.5	6:43	4.7	11:18	-0.5	11:53	2.5	6:21	7:54	
25	Fri	5:36	5.1	7:47	4.9			12:26	-0.2	6:19	7:55	
26	Sat	6:54	4.9	8:41	5.2	1:16	2.2	1:32	0.0	6:18	7:56	
27	Sun	8:11	4.7	9:28	5.4	2:26	1.7	2:31	0.2	6:17	7:57	
28	Mon	9:21	4.7	10:09	5.6	3:24	1.2	3:22	0.4	6:16	7:57	
29	Tue	10:23	4.7	10:46	5.8	4:15	0.6	4:08	0.7	6:15	7:58	
30	Wed	11:19	4.8	11:20	5.9	4:59	0.2	4:49	1.0	6:13	7:59	