US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:10	4.7	5:40	-0.1	5:29	1.3	6:12	8:00	
2	Fri			12:59	4.7	6:19	-0.3	6:08	1.7	6:11	8:01	
3	Sat	12:23	5.8	1:45	4.6	6:55	-0.4	6:45	2.0	6:10	8:02	
4	Sun	12:54	5.7	2:30	4.5	7:31	-0.5	7:24	2.3	6:09	8:03	
5	Mon	1:25	5.5	3:16	4.4	8:07	-0.4	8:04	2.6	6:08	8:04	
6	Tue	1:58	5.4	4:03	4.3	8:46	-0.3	8:49	2.8	6:07	8:05	
7	Wed	2:35	5.1	4:53	4.3	9:27	-0.1	9:43	2.9	6:06	8:06	
8	Thu	3:18	4.8	5:46	4.3	10:14	0.1	10:50	3.0	6:05	8:07	
9	Fri	4:09	4.5	6:40	4.3	11:05	0.3			6:04	8:07	
10	Sat	5:11	4.3	7:29	4.5	12:08	2.9	12:01	0.4	6:03	8:08	
11	Sun	6:23	4.1	8:11	4.7	1:17	2.5	12:57	0.6	6:02	8:09	
12	Mon	7:37	4.0	8:49	5.0	2:14	2.1	1:49	0.7	6:01	8:10	
13	Tue	8:47	4.1	9:25	5.3	3:01	1.5	2:38	0.8	6:00	8:11	
14	Wed	9:50	4.3	10:00	5.7	3:43	0.9	3:23	1.0	5:59	8:12	
15	Thu	10:49	4.5	10:35	6.0	4:23	0.3	4:07	1.2	5:58	8:13	
16	Fri	11:44	4.7	11:13	6.3	5:05	-0.3	4:51	1.5	5:58	8:14	
17	Sat			12:39	4.8	5:47	-0.9	5:36	1.7	5:57	8:15	
18	Sun			1:32	4.9	6:32	-1.3	6:23	2.0	5:56	8:15	
19	Mon	12:36	6.5	2:26	5.0	7:19	-1.5	7:13	2.2	5:55	8:16	
20	Tue	1:22	6.5	3:21	5.0	8:08	-1.5	8:09	2.4	5:55	8:17	
21	Wed	2:12	6.2	4:18	5.0	9:00	-1.3	9:12	2.5	5:54	8:18	
22	Thu	3:07	5.9	5:16	5.1	9:55	-1.0	10:26	2.5	5:53	8:19	
23	Fri	4:09	5.4	6:15	5.2	10:54	-0.6	11:47	2.3	5:53	8:19	
24	Sat	5:20	4.9	7:11	5.3	11:55	-0.2			5:52	8:20	
25	Sun	6:38	4.5	8:03	5.6	1:06	1.9	12:56	0.3	5:52	8:21	
26	Mon	7:59	4.2	8:49	5.8	2:14	1.4	1:54	0.7	5:51	8:22	
27	Tue	9:15	4.2	9:31	5.9	3:12	0.8	2:47	1.1	5:51	8:22	
28	Wed	10:21	4.3	10:09	6.0	4:03	0.3	3:35	1.4	5:50	8:23	
29	Thu	11:19	4.4	10:44	6.0	4:47	0.0	4:19	1.8	5:50	8:24	
30	Fri			12:11	4.5	5:26	-0.3	5:01	2.1	5:49	8:25	
31	Sat			12:58	4.5	6:02	-0.5	5:41	2.4	5:49	8:25	