US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jun 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			1:41	4.5	6:37	-0.6	6:21	2.6	5:48	8:26	
2	Mon	12:20	5.8	2:22	4.6	7:11	-0.6	7:00	2.7	5:48	8:27	
3	Tue	12:53	5.7	3:01	4.5	7:45	-0.6	7:40	2.9	5:48	8:27	
4	Wed	1:28	5.5	3:41	4.5	8:20	-0.5	8:23	2.9	5:48	8:28	
5	Thu	2:05	5.3	4:21	4.5	8:57	-0.3	9:12	3.0	5:47	8:28	
6	Fri	2:46	5.0	5:02	4.6	9:37	-0.1	10:10	2.9	5:47	8:29	
7	Sat	3:33	4.7	5:45	4.7	10:20	0.1	11:18	2.8	5:47	8:30	
8	Sun	4:29	4.3	6:29	4.9	11:07	0.4			5:47	8:30	
9	Mon	5:38	4.0	7:11	5.1	12:28	2.5	11:59 AM	0.7	5:47	8:31	
10	Tue	6:58	3.8	7:53	5.4	1:30	2.0	12:52	1.0	5:47	8:31	
11	Wed	8:19	3.9	8:33	5.8	2:24	1.4	1:46	1.3	5:47	8:32	
12	Thu	9:33	4.0	9:14	6.1	3:13	0.7	2:38	1.6	5:47	8:32	
13	Fri	10:39	4.3	9:57	6.4	3:59	0.0	3:30	1.9	5:47	8:32	
14	Sat	11:38	4.6	10:41	6.7	4:44	-0.7	4:20	2.1	5:47	8:33	
15	Sun			12:32	4.8	5:30	-1.2	5:12	2.2	5:47	8:33	
16	Mon			1:24	5.0	6:17	-1.5	6:04	2.3	5:47	8:34	
17	Tue	12:15	6.9	2:15	5.2	7:05	-1.6	6:59	2.4	5:47	8:34	
18	Wed	1:06	6.8	3:05	5.3	7:54	-1.6	7:57	2.4	5:47	8:34	
19	Thu	1:58	6.4	3:55	5.4	8:43	-1.3	9:01	2.3	5:47	8:34	
20	Fri	2:54	6.0	4:46	5.5	9:34	-0.9	10:11	2.2	5:47	8:35	
21	Sat	3:55	5.4	5:38	5.6	10:27	-0.4	11:27	2.0	5:48	8:35	
22	Sun	5:03	4.8	6:30	5.7	11:22	0.2			5:48	8:35	
23	Mon	6:21	4.3	7:20	5.8	12:43	1.7	12:19	0.8	5:48	8:35	
24	Tue	7:46	4.0	8:08	6.0	1:52	1.2	1:17	1.3	5:48	8:35	
25	Wed	9:07	4.0	8:52	6.1	2:52	0.8	2:13	1.8	5:49	8:35	
26	Thu	10:17	4.1	9:33	6.1	3:44	0.4	3:06	2.1	5:49	8:35	
27	Fri	11:15	4.3	10:11	6.1	4:29	0.0	3:55	2.4	5:50	8:35	
28	Sat			12:04	4.5	5:08	-0.2	4:39	2.6	5:50	8:35	
29	Sun			12:48	4.6	5:44	-0.3	5:21	2.8	5:50	8:35	
30	Mon			1:26	4.6	6:18	-0.4	6:01	2.8	5:51	8:35	