US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			2:01	4.7	6:51	-0.5	6:39	2.9	5:51	8:35	
2	Wed	12:32	5.9	2:34	4.7	7:23	-0.4	7:17	2.9	5:52	8:35	
3	Thu	1:07	5.7	3:07	4.8	7:55	-0.4	7:57	2.9	5:52	8:35	
4	Fri	1:45	5.5	3:41	4.9	8:28	-0.2	8:41	2.8	5:53	8:35	
5	Sat	2:24	5.2	4:16	5.0	9:04	0.0	9:31	2.7	5:53	8:35	
6	Sun	3:09	4.9	4:53	5.1	9:42	0.3	10:29	2.5	5:54	8:34	
7	Mon	4:02	4.5	5:33	5.3	10:24	0.6	11:35	2.2	5:55	8:34	
8	Tue	5:09	4.1	6:16	5.5	11:12	1.1			5:55	8:34	
9	Wed	6:32	3.9	7:02	5.8	12:43	1.8	12:06	1.5	5:56	8:33	
10	Thu	8:02	3.8	7:50	6.1	1:46	1.2	1:05	1.9	5:56	8:33	
11	Fri	9:23	4.0	8:39	6.4	2:43	0.5	2:06	2.2	5:57	8:33	
12	Sat	10:30	4.4	9:29	6.7	3:36	-0.1	3:04	2.4	5:58	8:32	
13	Sun	11:27	4.7	10:19	7.0	4:25	-0.7	4:01	2.4	5:58	8:32	
14	Mon			12:18	5.0	5:14	-1.1	4:56	2.4	5:59	8:31	
15	Tue			1:06	5.2	6:02	-1.4	5:51	2.3	6:00	8:31	
16	Wed	12:02	7.1	1:52	5.4	6:49	-1.4	6:47	2.2	6:01	8:30	
17	Thu	12:54	6.9	2:37	5.6	7:35	-1.2	7:44	2.1	6:01	8:30	
18	Fri	1:47	6.5	3:22	5.7	8:21	-0.9	8:43	1.9	6:02	8:29	
19	Sat	2:42	5.9	4:07	5.8	9:08	-0.4	9:47	1.8	6:03	8:28	
20	Sun	3:41	5.3	4:54	5.8	9:56	0.2	10:56	1.7	6:04	8:28	
21	Mon	4:46	4.7	5:43	5.9	10:47	0.9			6:04	8:27	
22	Tue	6:03	4.2	6:33	5.9	12:09	1.5	11:43 AM	1.5	6:05	8:26	
23	Wed	7:31	4.0	7:23	5.9	1:19	1.2	12:44	2.0	6:06	8:26	
24	Thu	8:57	4.0	8:13	5.9	2:22	0.9	1:46	2.4	6:07	8:25	
25	Fri	10:06	4.2	8:59	6.0	3:17	0.6	2:45	2.6	6:08	8:24	
26	Sat	11:00	4.4	9:42	6.0	4:04	0.3	3:37	2.8	6:08	8:23	
27	Sun	11:45	4.6	10:23	6.1	4:45	0.1	4:23	2.8	6:09	8:22	
28	Mon			12:22	4.7	5:21	0.0	5:04	2.8	6:10	8:21	
29	Tue			12:55	4.8	5:54	-0.1	5:42	2.7	6:11	8:21	
30	Wed			1:25	4.9	6:26	-0.2	6:19	2.6	6:12	8:20	
31	Thu	12:15	6.0	1:54	5.0	6:56	-0.1	6:54	2.5	6:13	8:19	