US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:05**	5.3	**2:38**	5.6	**8:00**	0.9	**8:31**	1.3	6:40	7:38	
2	Tue	**2:54**	5.0	**3:14**	5.7	**8:37**	1.3	**9:21**	1.1	6:41	7:36	
3	Wed	**3:52**	4.6	**3:56**	5.8	**9:20**	1.8	**10:19**	1.0	6:42	7:35	
4	Thu	**5:02**	4.4	**4:45**	5.8	**10:11**	2.3	**11:27**	0.8	6:42	7:33	
5	Fri	**6:26**	4.2	**5:44**	5.9	**11:16**	2.6			6:43	7:32	
6	Sat	**7:51**	4.3	**6:50**	6.0	**12:40**	0.6	**12:34**	2.8	6:44	7:30	
7	Sun	**9:01**	4.6	**7:57**	6.1	**1:51**	0.3	**1:49**	2.7	6:45	7:29	
8	Mon	**9:56**	4.9	**9:01**	6.3	**2:52**	0.0	**2:55**	2.4	6:46	7:27	
9	Tue	**10:43**	5.3	**10:01**	6.4	**3:46**	-0.2	**3:52**	2.0	6:47	7:26	
10	Wed	**11:25**	5.5	**10:56**	6.4	**4:34**	-0.3	**4:44**	1.6	6:48	7:24	
11	Thu			**12:04**	5.8	**5:19**	-0.3	**5:34**	1.2	6:48	7:23	
12	Fri			**12:42**	5.9	**6:01**	-0.1	**6:22**	0.9	6:49	7:21	
13	Sat	**12:41**	6.1	**1:20**	6.0	**6:43**	0.3	**7:10**	0.7	6:50	7:20	
14	Sun	**1:32**	5.8	**1:57**	6.0	**7:24**	0.7	**7:57**	0.6	6:51	7:18	
15	Mon	**2:24**	5.4	**2:34**	5.9	**8:05**	1.2	**8:46**	0.6	6:52	7:16	
16	Tue	**3:19**	5.0	**3:13**	5.8	**8:49**	1.8	**9:38**	0.7	6:53	7:15	
17	Wed	**4:20**	4.6	**3:55**	5.6	**9:38**	2.3	**10:35**	0.9	6:53	7:13	
18	Thu	**5:30**	4.4	**4:44**	5.3	**10:38**	2.7	**11:40**	1.0	6:54	7:12	
19	Fri	**6:51**	4.3	**5:40**	5.2	**11:52**	3.0			6:55	7:10	
20	Sat	**8:07**	4.4	**6:43**	5.1	**12:47**	1.0	**1:08**	3.0	6:56	7:09	
21	Sun	**9:06**	4.5	**7:47**	5.1	**1:50**	0.9	**2:12**	2.9	6:57	7:07	
22	Mon	**9:49**	4.7	**8:44**	5.2	**2:43**	0.8	**3:04**	2.6	6:58	7:06	
23	Tue	**10:23**	4.9	**9:35**	5.3	**3:28**	0.7	**3:48**	2.3	6:59	7:04	
24	Wed	**10:53**	5.0	**10:21**	5.4	**4:07**	0.6	**4:26**	2.0	6:59	7:02	
25	Thu	**11:21**	5.2	**11:05**	5.5	**4:42**	0.6	**5:01**	1.7	7:00	7:01	
26	Fri	**11:49**	5.4	**11:48**	5.5	**5:14**	0.6	**5:35**	1.3	7:01	6:59	
27	Sat			**12:17**	5.6	**5:46**	0.8	**6:09**	1.0	7:02	6:58	
28	Sun	**12:31**	5.4	**12:47**	5.7	**6:18**	1.0	**6:46**	0.7	7:03	6:56	
29	Mon	**1:16**	5.3	**1:19**	5.9	**6:53**	1.2	**7:25**	0.4	7:04	6:55	
30	Tue	**2:05**	5.2	**1:53**	6.0	**7:30**	1.6	**8:10**	0.3	7:05	6:53	