US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:03	4.9	3:50	5.7	9:52	2.9	10:40	-0.3	7:35	6:10	
2	Sun	5:08	4.9	3:59	5.4	10:14	2.8	10:47	0.0	6:36	5:09	
3	Mon	6:11	5.1	5:17	5.1	11:39	2.6	11:54	0.2	6:38	5:08	
4	Tue	7:07	5.4	6:36	4.9			12:53	2.0	6:39	5:07	
5	Wed	7:55	5.7	7:50	4.9	12:55	0.4	1:55	1.4	6:40	5:06	
6	Thu	8:38	6.0	8:56	5.0	1:50	0.7	2:47	0.8	6:41	5:05	
7	Fri	9:17	6.2	9:56	5.0	2:38	0.9	3:34	0.3	6:42	5:04	
8	Sat	9:54	6.3	10:50	5.0	3:23	1.3	4:17	-0.1	6:43	5:03	
9	Sun	10:28	6.3	11:41	5.0	4:05	1.6	4:58	-0.3	6:44	5:02	
10	Mon	11:02	6.2			4:46	2.0	5:36	-0.4	6:45	5:01	
11	Tue	12:29	5.0	11:35 AM	6.1	5:27	2.3	6:14	-0.4	6:46	5:00	
12	Wed	1:16	4.9	12:08	5.9	6:08	2.6	6:51	-0.4	6:47	5:00	
13	Thu	2:03	4.8	12:42	5.7	6:51	2.8	7:30	-0.2	6:48	4:59	
14	Fri	2:51	4.7	1:20	5.4	7:37	3.0	8:12	0.0	6:49	4:58	
15	Sat	3:40	4.6	2:02	5.1	8:32	3.2	8:58	0.3	6:50	4:57	
16	Sun	4:31	4.6	2:53	4.7	9:40	3.2	9:48	0.5	6:51	4:57	
17	Mon	5:23	4.7	3:55	4.4	10:58	3.1	10:43	0.7	6:52	4:56	
18	Tue	6:11	4.8	5:07	4.2			12:08	2.7	6:53	4:55	
19	Wed	6:53	5.0	6:22	4.1			1:05	2.3	6:54	4:55	
20	Thu	7:30	5.2	7:33	4.2	12:32	1.1	1:52	1.8	6:56	4:54	
21	Fri	8:05	5.5	8:37	4.3	1:20	1.3	2:33	1.2	6:57	4:54	
22	Sat	8:39	5.8	9:34	4.5	2:05	1.5	3:11	0.6	6:58	4:53	
23	Sun	9:14	6.1	10:28	4.7	2:47	1.7	3:49	0.0	6:59	4:53	
24	Mon	9:50	6.4	11:19	4.9	3:30	1.9	4:28	-0.5	7:00	4:52	
25	Tue	10:29	6.6			4:13	2.1	5:10	-0.9	7:01	4:52	
26	Wed	12:10	5.0	11:10 AM	6.7	4:58	2.3	5:54	-1.2	7:02	4:52	
27	Thu	1:02	5.1	11:54 AM	6.7	5:46	2.5	6:40	-1.3	7:03	4:51	
28	Fri	1:54	5.2	12:42	6.5	6:38	2.6	7:29	-1.2	7:04	4:51	
29	Sat	2:47	5.2	1:35	6.2	7:37	2.7	8:22	-0.9	7:05	4:51	
30	Sun	3:42	5.2	2:35	5.7	8:45	2.7	9:18	-0.5	7:06	4:51	