US HARBORS www.USHarbors.com

Alcatraz Island, CA - Dec 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**4:38**	5.3	**3:44**	5.2	**10:06**	2.5	**10:18**	0.0	7:07	4:50	
2	Tue	**5:38**	5.5	**5:02**	4.7	**11:30**	2.2	**11:18**	0.4	7:07	4:50	
3	Wed	**6:26**	5.7	**6:26**	4.4			**12:42**	1.6	7:08	4:50	
4	Thu	**7:20**	6.0	**7:44**	4.4	**12:18**	0.9	**1:42**	1.0	7:09	4:50	
5	Fri	**8:02**	6.2	**8:56**	4.5	**1:18**	1.3	**2:36**	0.5	7:10	4:50	
6	Sat	**8:44**	6.3	**9:56**	4.6	**2:12**	1.7	**3:24**	0.0	7:11	4:50	
7	Sun	**9:20**	6.4	**10:50**	4.7	**3:00**	2.0	**4:06**	-0.3	7:12	4:50	
8	Mon	**9:56**	6.3	**11:38**	4.8	**3:42**	2.3	**4:48**	-0.5	7:13	4:50	
9	Tue	**10:32**	6.3			**4:24**	2.5	**5:24**	-0.6	7:13	4:50	
10	Wed	**12:26**	4.9	**11:08 AM**	6.1	**5:06**	2.7	**5:54**	-0.6	7:14	4:50	
11	Thu	**1:08**	4.9	**11:38 AM**	6.0	**5:48**	2.9	**6:30**	-0.5	7:15	4:50	
12	Fri	**1:44**	4.8	**12:14**	5.8	**6:30**	3.0	**7:06**	-0.4	7:16	4:51	
13	Sat	**2:26**	4.8	**12:50**	5.5	**7:12**	3.0	**7:42**	-0.2	7:16	4:51	
14	Sun	**3:02**	4.8	**1:32**	5.2	**8:00**	3.1	**8:18**	0.0	7:17	4:51	
15	Mon	**3:44**	4.8	**2:14**	4.8	**8:54**	3.0	**9:00**	0.3	7:18	4:51	
16	Tue	**4:20**	4.9	**3:08**	4.4	**10:00**	2.9	**9:42**	0.7	7:18	4:52	
17	Wed	**5:02**	5.0	**4:14**	4.1	**11:06**	2.6	**10:36**	1.0	7:19	4:52	
18	Thu	**5:50**	5.2	**5:38**	3.8			**12:12**	2.2	7:20	4:53	
19	Fri	**6:32**	5.5	**7:02**	3.8			**1:12**	1.6	7:20	4:53	
20	Sat	**7:14**	5.8	**8:20**	4.0	**12:24**	1.7	**2:00**	1.0	7:21	4:53	
21	Sun	**7:56**	6.1	**9:20**	4.3	**1:18**	2.0	**2:42**	0.3	7:21	4:54	
22	Mon	**8:38**	6.4	**10:20**	4.6	**2:12**	2.2	**3:24**	-0.3	7:22	4:54	
23	Tue	**9:20**	6.7	**11:14**	4.9	**3:00**	2.3	**4:12**	-0.9	7:22	4:55	
24	Wed	**10:02**	6.9			**3:48**	2.4	**4:54**	-1.3	7:23	4:56	
25	Thu	**12:02**	5.1	**10:50 AM**	7.0	**4:42**	2.4	**5:42**	-1.5	7:23	4:56	
26	Fri	**12:50**	5.3	**11:38 AM**	6.9	**5:30**	2.4	**6:24**	-1.5	7:23	4:57	
27	Sat	**1:32**	5.4	**12:32**	6.7	**6:24**	2.4	**7:12**	-1.3	7:24	4:57	
28	Sun	**2:20**	5.5	**1:26**	6.2	**7:24**	2.3	**8:00**	-0.9	7:24	4:58	
29	Mon	**3:14**	5.6	**2:26**	5.7	**8:30**	2.2	**8:54**	-0.4	7:24	4:59	
30	Tue	**4:02**	5.7	**3:32**	5.0	**9:42**	2.0	**9:48**	0.3	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	**4:56**	5.8	**4:44**	4.5	**11:00**	1.7	**10:48**	0.8	7:24	5:00	