
































## Alcatraz Island, CA - Jun 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:18	3.9	9:23	5.6	3:23	1.2	2:44	1.4	5:49	8:26	
2	Tue	10:20	4.0	9:57	5.8	4:02	0.6	3:28	1.6	5:48	8:26	
3	Wed	11:15	4.3	10:33	6.1	4:39	0.1	4:10	1.9	5:48	8:27	
4	Thu			12:08	4.5	5:17	-0.4	4:53	2.1	5:48	8:28	
5	Fri			12:58	4.7	5:56	-0.9	5:37	2.3	5:47	8:28	
6	Sat			1:48	4.8	6:38	-1.2	6:24	2.5	5:47	8:29	
7	Sun	12:32	6.5	2:37	4.9	7:22	-1.4	7:14	2.6	5:47	8:29	
8	Mon	1:18	6.4	3:27	5.0	8:09	-1.4	8:09	2.6	5:47	8:30	
9	Tue	2:08	6.2	4:19	5.1	8:58	-1.3	9:12	2.6	5:47	8:31	
10	Wed	3:03	5.8	5:11	5.2	9:50	-0.9	10:24	2.5	5:47	8:31	
11	Thu	4:06	5.3	6:04	5.4	10:45	-0.5	11:43	2.2	5:47	8:31	
12	Fri	5:17	4.8	6:57	5.6	11:43	0.0			5:47	8:32	
13	Sat	6:38	4.4	7:47	5.8	1:01	1.7	12:42	0.5	5:47	8:32	
14	Sun	8:02	4.2	8:34	6.1	2:09	1.2	1:40	1.0	5:47	8:33	
15	Mon	9:22	4.2	9:18	6.3	3:09	0.6	2:36	1.4	5:47	8:33	
16	Tue	10:31	4.3	9:59	6.4	4:01	0.0	3:28	1.8	5:47	8:33	
17	Wed	11:31	4.5	10:38	6.4	4:47	-0.4	4:17	2.1	5:47	8:34	
18	Thu			12:24	4.6	5:29	-0.6	5:04	2.4	5:47	8:34	
19	Fri			1:13	4.7	6:09	-0.7	5:49	2.6	5:47	8:34	
20	Sat			1:57	4.8	6:46	-0.8	6:33	2.8	5:47	8:35	
21	Sun	12:29	6.0	2:38	4.8	7:22	-0.7	7:16	2.9	5:48	8:35	
22	Mon	1:05	5.8	3:17	4.8	7:58	-0.6	8:00	2.9	5:48	8:35	
23	Tue	1:43	5.6	3:54	4.8	8:35	-0.4	8:47	3.0	5:48	8:35	
24	Wed	2:22	5.3	4:32	4.8	9:12	-0.2	9:40	2.9	5:48	8:35	
25	Thu	3:05	4.9	5:10	4.8	9:51	0.1	10:40	2.8	5:49	8:35	
26	Fri	3:54	4.5	5:50	4.9	10:33	0.5	11:47	2.6	5:49	8:35	
27	Sat	4:54	4.1	6:30	5.1	11:19	0.9			5:49	8:35	
28	Sun	6:08	3.8	7:11	5.3	12:53	2.2	12:08	1.3	5:50	8:35	
29	Mon	7:32	3.7	7:52	5.6	1:52	1.8	1:01	1.6	5:50	8:35	
30	Tue	8:53	3.7	8:33	5.9	2:42	1.2	1:54	2.0	5:51	8:35	