US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jun 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:18**	3.9	**9:23**	5.6	**3:23**	1.2	**2:44**	1.4	5:49	8:26	
2	Tue	**10:20**	4.0	**9:57**	5.8	**4:02**	0.6	**3:28**	1.6	5:48	8:26	
3	Wed	**11:15**	4.3	**10:33**	6.1	**4:39**	0.1	**4:10**	1.9	5:48	8:27	
4	Thu			**12:08**	4.5	**5:17**	-0.4	**4:53**	2.1	5:48	8:28	
5	Fri			**12:58**	4.7	**5:56**	-0.9	**5:37**	2.3	5:47	8:28	
6	Sat			**1:48**	4.8	**6:38**	-1.2	**6:24**	2.5	5:47	8:29	
7	Sun	**12:32**	6.5	**2:37**	4.9	**7:22**	-1.4	**7:14**	2.6	5:47	8:29	
8	Mon	**1:18**	6.4	**3:27**	5.0	**8:09**	-1.4	**8:09**	2.6	5:47	8:30	
9	Tue	**2:08**	6.2	**4:19**	5.1	**8:58**	-1.3	**9:12**	2.6	5:47	8:31	
10	Wed	**3:03**	5.8	**5:11**	5.2	**9:50**	-0.9	**10:24**	2.5	5:47	8:31	
11	Thu	**4:06**	5.3	**6:04**	5.4	**10:45**	-0.5	**11:43**	2.2	5:47	8:31	
12	Fri	**5:17**	4.8	**6:57**	5.6	**11:43**	0.0			5:47	8:32	
13	Sat	**6:38**	4.4	**7:47**	5.8	**1:01**	1.7	**12:42**	0.5	5:47	8:32	
14	Sun	**8:02**	4.2	**8:34**	6.1	**2:09**	1.2	**1:40**	1.0	5:47	8:33	
15	Mon	**9:22**	4.2	**9:18**	6.3	**3:09**	0.6	**2:36**	1.4	5:47	8:33	
16	Tue	**10:31**	4.3	**9:59**	6.4	**4:01**	0.0	**3:28**	1.8	5:47	8:33	
17	Wed	**11:31**	4.5	**10:38**	6.4	**4:47**	-0.4	**4:17**	2.1	5:47	8:34	
18	Thu			**12:24**	4.6	**5:29**	-0.6	**5:04**	2.4	5:47	8:34	
19	Fri			**1:13**	4.7	**6:09**	-0.7	**5:49**	2.6	5:47	8:34	
20	Sat			**1:57**	4.8	**6:46**	-0.8	**6:33**	2.8	5:47	8:35	
21	Sun	**12:29**	6.0	**2:38**	4.8	**7:22**	-0.7	**7:16**	2.9	5:48	8:35	
22	Mon	**1:05**	5.8	**3:17**	4.8	**7:58**	-0.6	**8:00**	2.9	5:48	8:35	
23	Tue	**1:43**	5.6	**3:54**	4.8	**8:35**	-0.4	**8:47**	3.0	5:48	8:35	
24	Wed	**2:22**	5.3	**4:32**	4.8	**9:12**	-0.2	**9:40**	2.9	5:48	8:35	
25	Thu	**3:05**	4.9	**5:10**	4.8	**9:51**	0.1	**10:40**	2.8	5:49	8:35	
26	Fri	**3:54**	4.5	**5:50**	4.9	**10:33**	0.5	**11:47**	2.6	5:49	8:35	
27	Sat	**4:54**	4.1	**6:30**	5.1	**11:19**	0.9			5:49	8:35	
28	Sun	**6:08**	3.8	**7:11**	5.3	**12:53**	2.2	**12:08**	1.3	5:50	8:35	
29	Mon	**7:32**	3.7	**7:52**	5.6	**1:52**	1.8	**1:01**	1.6	5:50	8:35	
30	Tue	**8:53**	3.7	**8:33**	5.9	**2:42**	1.2	**1:54**	2.0	5:51	8:35	