US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:03	4.0	9:14	6.2	3:27	0.6	2:46	2.2	5:51	8:35	
2	Thu	11:03	4.3	9:57	6.5	4:10	0.0	3:36	2.4	5:52	8:35	
3	Fri	11:55	4.6	10:42	6.7	4:53	-0.6	4:26	2.5	5:52	8:35	
4	Sat			12:44	4.8	5:36	-1.0	5:16	2.6	5:53	8:35	
5	Sun			1:31	5.0	6:21	-1.3	6:07	2.6	5:53	8:35	
6	Mon	12:16	6.9	2:16	5.2	7:06	-1.4	7:00	2.5	5:54	8:34	
7	Tue	1:06	6.7	3:02	5.4	7:53	-1.4	7:57	2.4	5:54	8:34	
8	Wed	1:59	6.4	3:48	5.5	8:40	-1.1	8:59	2.2	5:55	8:34	
9	Thu	2:55	5.9	4:36	5.7	9:28	-0.6	10:08	2.1	5:56	8:34	
10	Fri	3:57	5.3	5:25	5.8	10:19	-0.1	11:22	1.8	5:56	8:33	
11	Sat	5:08	4.7	6:15	6.0	11:14	0.6			5:57	8:33	
12	Sun	6:30	4.3	7:07	6.1	12:38	1.4	12:12	1.2	5:58	8:32	
13	Mon	7:59	4.1	7:58	6.2	1:49	1.0	1:13	1.7	5:58	8:32	
14	Tue	9:22	4.2	8:46	6.3	2:51	0.5	2:14	2.1	5:59	8:31	
15	Wed	10:31	4.4	9:32	6.4	3:45	0.1	3:11	2.4	6:00	8:31	
16	Thu	11:27	4.6	10:15	6.4	4:32	-0.2	4:04	2.6	6:00	8:30	
17	Fri			12:15	4.8	5:14	-0.3	4:51	2.8	6:01	8:30	
18	Sat			12:56	4.9	5:52	-0.4	5:35	2.8	6:02	8:29	
19	Sun			1:34	4.9	6:27	-0.4	6:16	2.8	6:03	8:29	
20	Mon	12:11	6.1	2:07	4.9	7:00	-0.4	6:55	2.8	6:03	8:28	
21	Tue	12:47	5.9	2:39	4.9	7:33	-0.3	7:34	2.7	6:04	8:27	
22	Wed	1:24	5.7	3:09	5.0	8:05	-0.1	8:15	2.7	6:05	8:27	
23	Thu	2:01	5.4	3:40	5.0	8:37	0.2	8:59	2.6	6:06	8:26	
24	Fri	2:42	5.0	4:13	5.1	9:11	0.5	9:48	2.5	6:07	8:25	
25	Sat	3:28	4.6	4:49	5.2	9:48	0.9	10:45	2.3	6:07	8:24	
26	Sun	4:24	4.2	5:28	5.3	10:29	1.3	11:50	2.0	6:08	8:23	
27	Mon	5:36	3.9	6:12	5.5	11:17	1.8			6:09	8:23	
28	Tue	7:05	3.8	6:59	5.7	12:56	1.6	12:13	2.2	6:10	8:22	
29	Wed	8:34	3.9	7:49	6.0	1:57	1.1	1:16	2.5	6:11	8:21	
30	Thu	9:47	4.1	8:40	6.3	2:52	0.5	2:17	2.7	6:12	8:20	
31	Fri	10:45	4.5	9:31	6.6	3:42	0.0	3:15	2.7	6:12	8:19	