US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**11:34**	4.8	**10:22**	6.9	**4:29**	-0.5	**4:09**	2.6	6:13	8:18	
2	Sun			**12:19**	5.1	**5:15**	-0.9	**5:02**	2.4	6:14	8:17	
3	Mon			**1:02**	5.3	**6:01**	-1.1	**5:54**	2.2	6:15	8:16	
4	Tue	**12:06**	7.0	**1:44**	5.5	**6:46**	-1.1	**6:48**	2.0	6:16	8:15	
5	Wed	**12:58**	6.8	**2:27**	5.7	**7:31**	-0.9	**7:43**	1.7	6:17	8:14	
6	Thu	**1:52**	6.4	**3:09**	5.9	**8:16**	-0.5	**8:42**	1.6	6:17	8:13	
7	Fri	**2:49**	5.9	**3:54**	6.0	**9:03**	0.0	**9:45**	1.4	6:18	8:12	
8	Sat	**3:51**	5.3	**4:41**	6.0	**9:51**	0.7	**10:54**	1.3	6:19	8:10	
9	Sun	**5:02**	4.7	**5:31**	6.1	**10:45**	1.3			6:20	8:09	
10	Mon	**6:25**	4.3	**6:25**	6.1	**12:07**	1.1	**11:46 AM**	1.9	6:21	8:08	
11	Tue	**7:55**	4.2	**7:22**	6.0	**1:20**	0.8	**12:55**	2.4	6:22	8:07	
12	Wed	**9:16**	4.4	**8:17**	6.1	**2:26**	0.6	**2:03**	2.7	6:23	8:06	
13	Thu	**10:19**	4.6	**9:09**	6.1	**3:22**	0.3	**3:04**	2.7	6:24	8:04	
14	Fri	**11:09**	4.8	**9:56**	6.1	**4:10**	0.1	**3:56**	2.7	6:24	8:03	
15	Sat	**11:50**	4.9	**10:39**	6.1	**4:51**	0.0	**4:42**	2.7	6:25	8:02	
16	Sun			**12:25**	5.0	**5:28**	0.0	**5:22**	2.6	6:26	8:01	
17	Mon			**12:56**	5.0	**6:01**	0.0	**5:59**	2.4	6:27	7:59	
18	Tue			**1:24**	5.0	**6:32**	0.1	**6:34**	2.3	6:28	7:58	
19	Wed	**12:33**	5.8	**1:51**	5.1	**7:02**	0.2	**7:09**	2.2	6:29	7:57	
20	Thu	**1:10**	5.6	**2:18**	5.2	**7:32**	0.4	**7:45**	2.1	6:30	7:55	
21	Fri	**1:48**	5.3	**2:46**	5.3	**8:02**	0.7	**8:23**	1.9	6:30	7:54	
22	Sat	**2:28**	5.0	**3:17**	5.3	**8:34**	1.0	**9:06**	1.8	6:31	7:53	
23	Sun	**3:15**	4.7	**3:51**	5.4	**9:09**	1.4	**9:56**	1.7	6:32	7:51	
24	Mon	**4:11**	4.3	**4:31**	5.5	**9:49**	1.9	**10:56**	1.5	6:33	7:50	
25	Tue	**5:24**	4.1	**5:18**	5.6	**10:38**	2.3			6:34	7:48	
26	Wed	**6:53**	4.0	**6:13**	5.7	**12:03**	1.3	**11:41 AM**	2.7	6:35	7:47	
27	Thu	**8:20**	4.1	**7:13**	5.9	**1:13**	0.9	**12:54**	2.9	6:36	7:46	
28	Fri	**9:28**	4.4	**8:14**	6.2	**2:17**	0.4	**2:04**	2.8	6:36	7:44	
29	Sat	**10:20**	4.7	**9:13**	6.4	**3:13**	0.0	**3:05**	2.6	6:37	7:43	
30	Sun	**11:05**	5.1	**10:10**	6.7	**4:04**	-0.4	**4:00**	2.3	6:38	7:41	
31	Mon	**11:47**	5.4	**11:05**	6.8	**4:51**	-0.6	**4:52**	1.9	6:39	7:40	