US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:27	5.6	5:36	-0.7	5:43	1.5	6:40	7:38	
2	Wed			1:06	5.9	6:21	-0.5	6:35	1.1	6:41	7:37	
3	Thu	12:52	6.5	1:46	6.0	7:04	-0.2	7:27	0.9	6:41	7:35	
4	Fri	1:47	6.1	2:27	6.1	7:48	0.3	8:21	0.7	6:42	7:34	
5	Sat	2:44	5.7	3:09	6.1	8:34	0.8	9:19	0.7	6:43	7:32	
6	Sun	3:46	5.2	3:55	6.1	9:23	1.5	10:21	0.7	6:44	7:31	
7	Mon	4:57	4.7	4:45	5.9	10:19	2.1	11:30	0.7	6:45	7:29	
8	Tue	6:18	4.5	5:41	5.7	11:26	2.6			6:46	7:28	
9	Wed	7:44	4.5	6:43	5.6	12:41	0.7	12:43	2.8	6:46	7:26	
10	Thu	8:57	4.6	7:46	5.5	1:49	0.7	1:56	2.9	6:47	7:25	
11	Fri	9:53	4.8	8:44	5.5	2:48	0.5	2:56	2.7	6:48	7:23	
12	Sat	10:36	5.0	9:36	5.6	3:37	0.4	3:46	2.5	6:49	7:22	
13	Sun	11:12	5.1	10:21	5.6	4:19	0.4	4:28	2.3	6:50	7:20	
14	Mon	11:42	5.1	11:03	5.6	4:55	0.4	5:06	2.0	6:51	7:18	
15	Tue			12:09	5.2	5:27	0.5	5:40	1.8	6:52	7:17	
16	Wed			12:35	5.3	5:58	0.6	6:13	1.6	6:52	7:15	
17	Thu	12:21	5.5	1:00	5.3	6:27	0.8	6:45	1.4	6:53	7:14	
18	Fri	1:00	5.3	1:26	5.4	6:56	1.0	7:18	1.2	6:54	7:12	
19	Sat	1:40	5.1	1:55	5.5	7:26	1.3	7:55	1.1	6:55	7:11	
20	Sun	2:24	4.9	2:25	5.6	7:59	1.6	8:35	0.9	6:56	7:09	
21	Mon	3:13	4.7	3:00	5.6	8:35	2.0	9:22	0.8	6:57	7:07	
22	Tue	4:12	4.4	3:42	5.5	9:18	2.4	10:18	0.8	6:57	7:06	
23	Wed	5:25	4.3	4:33	5.5	10:13	2.8	11:24	0.7	6:58	7:04	
24	Thu	6:46	4.3	5:35	5.5	11:26	3.0			6:59	7:03	
25	Fri	8:02	4.4	6:45	5.6	12:35	0.5	12:48	3.0	7:00	7:01	
26	Sat	9:01	4.7	7:56	5.7	1:43	0.3	2:01	2.7	7:01	7:00	
27	Sun	9:49	5.1	9:01	5.9	2:43	0.0	3:01	2.2	7:02	6:58	
28	Mon	10:31	5.4	10:02	6.1	3:35	-0.1	3:55	1.7	7:03	6:57	
29	Tue	11:10	5.7	11:00	6.2	4:23	-0.2	4:45	1.1	7:04	6:55	
30	Wed	11:48	6.0	11:55	6.1	5:08	0.0	5:34	0.6	7:04	6:54	