



Alcatraz Island, CA - Oct 2054

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | | | 12:27 | 6.2 | 5:52 | 0.2 | 6:22 | 0.2 | 7:05 | 6:52 | ☀ |
| 2 | Fri | 12:50 | 5.9 | 1:05 | 6.3 | 6:35 | 0.7 | 7:11 | 0.0 | 7:06 | 6:50 | ☀ |
| 3 | Sat | 1:45 | 5.7 | 1:44 | 6.3 | 7:19 | 1.1 | 8:00 | -0.1 | 7:07 | 6:49 | ☀ |
| 4 | Sun | 2:42 | 5.3 | 2:25 | 6.2 | 8:05 | 1.7 | 8:52 | 0.0 | 7:08 | 6:47 | ☀ |
| 5 | Mon | 3:43 | 5.0 | 3:09 | 5.9 | 8:55 | 2.2 | 9:47 | 0.1 | 7:09 | 6:46 | ☀ |
| 6 | Tue | 4:50 | 4.8 | 3:57 | 5.6 | 9:54 | 2.7 | 10:48 | 0.4 | 7:10 | 6:44 | ☀ |
| 7 | Wed | 6:04 | 4.6 | 4:54 | 5.3 | 11:08 | 3.0 | 11:54 | 0.5 | 7:11 | 6:43 | ☀ |
| 8 | Thu | 7:20 | 4.6 | 5:58 | 5.0 | | | 12:29 | 3.0 | 7:12 | 6:42 | ☀ |
| 9 | Fri | 8:25 | 4.8 | 7:08 | 4.9 | 1:01 | 0.7 | 1:42 | 2.9 | 7:13 | 6:40 | ☀ |
| 10 | Sat | 9:14 | 4.9 | 8:13 | 4.9 | 2:01 | 0.7 | 2:41 | 2.5 | 7:13 | 6:39 | ☀ |
| 11 | Sun | 9:53 | 5.1 | 9:10 | 5.0 | 2:52 | 0.7 | 3:29 | 2.2 | 7:14 | 6:37 | ☀ |
| 12 | Mon | 10:25 | 5.2 | 10:01 | 5.0 | 3:35 | 0.7 | 4:09 | 1.8 | 7:15 | 6:36 | ☀ |
| 13 | Tue | 10:53 | 5.3 | 10:46 | 5.1 | 4:13 | 0.8 | 4:46 | 1.5 | 7:16 | 6:34 | ☀ |
| 14 | Wed | 11:18 | 5.4 | 11:29 | 5.1 | 4:46 | 0.9 | 5:19 | 1.1 | 7:17 | 6:33 | ☀ |
| 15 | Thu | 11:44 | 5.5 | | | 5:18 | 1.1 | 5:51 | 0.8 | 7:18 | 6:31 | ☀ |
| 16 | Fri | 12:11 | 5.1 | 12:11 | 5.7 | 5:49 | 1.3 | 6:22 | 0.6 | 7:19 | 6:30 | ☀ |
| 17 | Sat | 12:54 | 5.0 | 12:39 | 5.8 | 6:20 | 1.6 | 6:56 | 0.3 | 7:20 | 6:29 | ☀ |
| 18 | Sun | 1:38 | 4.9 | 1:09 | 5.8 | 6:53 | 1.9 | 7:32 | 0.1 | 7:21 | 6:27 | ☀ |
| 19 | Mon | 2:25 | 4.8 | 1:42 | 5.8 | 7:29 | 2.2 | 8:13 | 0.0 | 7:22 | 6:26 | ☀ |
| 20 | Tue | 3:17 | 4.7 | 2:20 | 5.8 | 8:10 | 2.5 | 8:59 | 0.0 | 7:23 | 6:25 | ☀ |
| 21 | Wed | 4:16 | 4.6 | 3:05 | 5.6 | 8:58 | 2.8 | 9:53 | 0.0 | 7:24 | 6:23 | ☀ |
| 22 | Thu | 5:22 | 4.5 | 4:00 | 5.5 | 10:00 | 3.1 | 10:55 | 0.1 | 7:25 | 6:22 | ☀ |
| 23 | Fri | 6:31 | 4.6 | 5:08 | 5.3 | 11:21 | 3.1 | | | 7:26 | 6:21 | ☀ |
| 24 | Sat | 7:35 | 4.8 | 6:25 | 5.2 | 12:03 | 0.1 | 12:46 | 2.9 | 7:27 | 6:20 | ☀ |
| 25 | Sun | 8:29 | 5.1 | 7:42 | 5.2 | 1:10 | 0.2 | 1:58 | 2.3 | 7:28 | 6:18 | ☀ |
| 26 | Mon | 9:14 | 5.5 | 8:54 | 5.3 | 2:11 | 0.2 | 2:57 | 1.7 | 7:29 | 6:17 | ☀ |
| 27 | Tue | 9:55 | 5.8 | 9:59 | 5.4 | 3:04 | 0.3 | 3:50 | 1.0 | 7:30 | 6:16 | ☀ |
| 28 | Wed | 10:34 | 6.1 | 10:59 | 5.5 | 3:53 | 0.5 | 4:38 | 0.4 | 7:31 | 6:15 | ☀ |
| 29 | Thu | 11:12 | 6.4 | 11:56 | 5.5 | 4:39 | 0.8 | 5:25 | -0.1 | 7:32 | 6:14 | ☀ |
| 30 | Fri | 11:50 | 6.5 | | | 5:23 | 1.1 | 6:10 | -0.5 | 7:33 | 6:12 | ☀ |
| 31 | Sat | 12:51 | 5.4 | 12:28 | 6.5 | 6:07 | 1.5 | 6:56 | -0.7 | 7:34 | 6:11 | ☀ |