US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:37	4.9	1:08	5.5	7:30	3.0	7:57	-0.2	7:25	5:01	
2	Sat	3:14	4.9	1:50	5.1	8:21	2.9	8:35	0.2	7:25	5:02	
3	Sun	3:52	4.9	2:37	4.6	9:19	2.9	9:15	0.6	7:25	5:03	
4	Mon	4:30	4.9	3:35	4.2	10:25	2.7	10:00	1.0	7:25	5:04	
5	Tue	5:11	5.1	4:49	3.8	11:36	2.4	10:49	1.5	7:25	5:04	
6	Wed	5:52	5.2	6:18	3.6			12:39	1.9	7:25	5:05	
7	Thu	6:34	5.5	7:46	3.7			1:33	1.4	7:25	5:06	
8	Fri	7:16	5.7	8:58	3.9	12:40	2.3	2:19	0.8	7:25	5:07	
9	Sat	7:58	6.0	9:56	4.3	1:35	2.5	3:01	0.2	7:25	5:08	
10	Sun	8:41	6.3	10:45	4.6	2:26	2.7	3:41	-0.3	7:24	5:09	
11	Mon	9:24	6.5	11:30	4.8	3:14	2.7	4:21	-0.8	7:24	5:10	
12	Tue	10:08	6.7			4:01	2.7	5:03	-1.2	7:24	5:11	
13	Wed	12:13	5.0	10:54 AM	6.8	4:48	2.7	5:45	-1.4	7:24	5:12	
14	Thu	12:55	5.2	11:42 AM	6.8	5:37	2.5	6:29	-1.4	7:23	5:13	
15	Fri	1:37	5.3	12:32	6.6	6:29	2.4	7:13	-1.2	7:23	5:14	
16	Sat	2:19	5.5	1:24	6.1	7:25	2.2	7:59	-0.8	7:23	5:15	
17	Sun	3:04	5.6	2:23	5.6	8:27	2.0	8:46	-0.2	7:22	5:16	
18	Mon	3:50	5.7	3:29	4.9	9:37	1.8	9:38	0.4	7:22	5:17	
19	Tue	4:40	5.8	4:49	4.4	10:54	1.5	10:34	1.1	7:22	5:18	
20	Wed	5:32	6.0	6:21	4.1			12:11	1.1	7:21	5:19	
21	Thu	6:25	6.1	7:53	4.1			1:20	0.6	7:20	5:20	
22	Fri	7:18	6.2	9:09	4.4	12:44	2.2	2:20	0.1	7:20	5:22	
23	Sat	8:09	6.3	10:08	4.6	1:48	2.5	3:12	-0.2	7:19	5:23	
24	Sun	8:56	6.4	10:57	4.8	2:46	2.7	3:56	-0.5	7:19	5:24	
25	Mon	9:40	6.3	11:40	5.0	3:38	2.7	4:36	-0.6	7:18	5:25	
26	Tue	10:21	6.3			4:24	2.7	5:13	-0.6	7:17	5:26	
27	Wed	12:17	5.0	11:00 AM	6.1	5:06	2.6	5:47	-0.5	7:17	5:27	
28	Thu	12:51	5.0	11:37 AM	5.9	5:45	2.6	6:20	-0.4	7:16	5:28	
29	Fri	1:22	5.0	12:14	5.7	6:23	2.5	6:51	-0.2	7:15	5:29	
30	Sat	1:51	5.0	12:51	5.4	7:02	2.4	7:23	0.1	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	**2:20**	5.0	**1:30**	5.0	**7:43**	2.3	**7:55**	0.4	7:14	5:32	●