US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**1:27**	5.1	**1:19**	4.8	**7:11**	1.5	**7:18**	0.9	6:40	6:03	
2	Tue	**1:54**	5.2	**2:02**	4.5	**7:50**	1.4	**7:50**	1.3	6:39	6:04	
3	Wed	**2:25**	5.2	**2:54**	4.2	**8:34**	1.3	**8:26**	1.8	6:37	6:05	
4	Thu	**3:00**	5.2	**4:01**	3.8	**9:27**	1.2	**9:09**	2.2	6:36	6:06	
5	Fri	**3:43**	5.2	**5:29**	3.7	**10:30**	1.0	**10:08**	2.7	6:34	6:07	
6	Sat	**4:36**	5.2	**7:03**	3.8	**11:41**	0.8	**11:25**	2.9	6:33	6:08	
7	Sun	**5:38**	5.3	**8:16**	4.1			**12:49**	0.4	6:31	6:09	
8	Mon	**6:44**	5.5	**9:07**	4.4	**12:43**	2.9	**1:50**	0.0	6:30	6:10	
9	Tue	**7:47**	5.8	**9:50**	4.8	**1:49**	2.7	**2:42**	-0.4	6:28	6:11	
10	Wed	**8:46**	6.1	**10:29**	5.1	**2:44**	2.3	**3:30**	-0.7	6:27	6:12	
11	Thu	**9:42**	6.3	**11:06**	5.4	**3:35**	1.8	**4:15**	-0.9	6:26	6:13	
12	Fri	**10:36**	6.3	**11:43**	5.6	**4:24**	1.3	**4:58**	-0.8	6:24	6:14	
13	Sat	**11:30**	6.2			**5:13**	0.8	**5:40**	-0.5	6:23	6:14	
14	Sun	**12:21**	5.9	**1:24**	6.0	**7:03**	0.4	**7:23**	-0.1	7:21	7:15	
15	Mon	**1:59**	6.0	**2:20**	5.6	**7:55**	0.1	**8:07**	0.5	7:20	7:16	
16	Tue	**2:39**	6.1	**3:20**	5.1	**8:49**	0.0	**8:53**	1.1	7:18	7:17	
17	Wed	**3:22**	6.0	**4:27**	4.6	**9:47**	0.0	**9:45**	1.8	7:17	7:18	
18	Thu	**4:09**	5.8	**5:45**	4.3	**10:51**	0.1	**10:48**	2.3	7:15	7:19	
19	Fri	**5:04**	5.6	**7:13**	4.2			**12:02**	0.2	7:13	7:20	
20	Sat	**6:06**	5.3	**8:34**	4.4	**12:07**	2.7	**1:15**	0.2	7:12	7:21	
21	Sun	**7:14**	5.2	**9:36**	4.6	**1:30**	2.7	**2:21**	0.2	7:10	7:22	
22	Mon	**8:21**	5.1	**10:22**	4.8	**2:40**	2.6	**3:17**	0.1	7:09	7:23	
23	Tue	**9:20**	5.1	**11:00**	4.9	**3:35**	2.3	**4:03**	0.1	7:07	7:24	
24	Wed	**10:10**	5.2	**11:32**	5.0	**4:21**	2.0	**4:42**	0.1	7:06	7:25	
25	Thu	**10:55**	5.2	**11:59**	5.0	**5:01**	1.7	**5:16**	0.2	7:04	7:26	
26	Fri	**11:37**	5.2			**5:36**	1.4	**5:47**	0.4	7:03	7:27	
27	Sat	**12:24**	5.1	**12:16**	5.1	**6:09**	1.2	**6:16**	0.6	7:01	7:28	
28	Sun	**12:47**	5.2	**12:55**	4.9	**6:41**	0.9	**6:45**	0.8	7:00	7:28	
29	Mon	**1:12**	5.2	**1:35**	4.8	**7:12**	0.7	**7:14**	1.1	6:58	7:29	
30	Tue	**1:37**	5.3	**2:16**	4.6	**7:45**	0.6	**7:44**	1.5	6:57	7:30	
31	Wed	**2:05**	5.3	**3:03**	4.4	**8:22**	0.4	**8:17**	1.9	6:55	7:31	