US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**2:37**	5.4	**5:00**	4.3	**9:29**	-0.5	**9:29**	2.9	6:13	8:00	
2	Sun	**3:25**	5.3	**6:04**	4.3	**10:24**	-0.4	**10:40**	3.0	6:12	8:01	
3	Mon	**4:24**	5.0	**7:07**	4.5	**11:25**	-0.3			6:11	8:02	
4	Tue	**5:36**	4.8	**8:01**	4.7	**12:05**	2.9	**12:30**	-0.2	6:09	8:03	
5	Wed	**6:55**	4.7	**8:48**	5.1	**1:23**	2.4	**1:33**	-0.1	6:08	8:03	
6	Thu	**8:13**	4.7	**9:30**	5.4	**2:28**	1.8	**2:30**	0.0	6:07	8:04	
7	Fri	**9:25**	4.8	**10:09**	5.8	**3:24**	1.1	**3:21**	0.2	6:06	8:05	
8	Sat	**10:31**	4.9	**10:47**	6.1	**4:15**	0.3	**4:09**	0.5	6:05	8:06	
9	Sun	**11:32**	5.0	**11:26**	6.3	**5:03**	-0.3	**4:56**	0.9	6:04	8:07	
10	Mon			**12:30**	5.0	**5:50**	-0.8	**5:42**	1.3	6:03	8:08	
11	Tue	**12:04**	6.5	**1:27**	5.0	**6:37**	-1.1	**6:28**	1.7	6:02	8:09	
12	Wed	**12:44**	6.4	**2:23**	4.9	**7:23**	-1.3	**7:17**	2.1	6:01	8:10	
13	Thu	**1:25**	6.2	**3:20**	4.8	**8:10**	-1.2	**8:08**	2.5	6:01	8:11	
14	Fri	**2:08**	5.9	**4:17**	4.7	**8:58**	-1.0	**9:06**	2.7	6:00	8:11	
15	Sat	**2:53**	5.5	**5:17**	4.7	**9:49**	-0.7	**10:14**	2.9	5:59	8:12	
16	Sun	**3:44**	5.1	**6:18**	4.7	**10:43**	-0.3	**11:32**	2.9	5:58	8:13	
17	Mon	**4:42**	4.6	**7:15**	4.7	**11:40**	0.1			5:57	8:14	
18	Tue	**5:50**	4.3	**8:04**	4.8	**12:48**	2.7	**12:38**	0.4	5:56	8:15	
19	Wed	**7:04**	4.0	**8:44**	5.0	**1:54**	2.3	**1:33**	0.6	5:56	8:16	
20	Thu	**8:17**	3.9	**9:18**	5.1	**2:49**	1.8	**2:22**	0.9	5:55	8:17	
21	Fri	**9:22**	4.0	**9:47**	5.3	**3:35**	1.4	**3:05**	1.1	5:54	8:17	
22	Sat	**10:20**	4.1	**10:15**	5.5	**4:14**	0.9	**3:45**	1.4	5:54	8:18	
23	Sun	**11:12**	4.2	**10:44**	5.6	**4:50**	0.5	**4:22**	1.7	5:53	8:19	
24	Mon			**12:00**	4.3	**5:24**	0.1	**4:57**	1.9	5:52	8:20	
25	Tue			**12:46**	4.4	**5:56**	-0.2	**5:33**	2.2	5:52	8:21	
26	Wed			**1:31**	4.5	**6:30**	-0.5	**6:10**	2.4	5:51	8:21	
27	Thu	**12:18**	6.0	**2:17**	4.5	**7:05**	-0.8	**6:50**	2.6	5:51	8:22	
28	Fri	**12:53**	6.0	**3:04**	4.6	**7:44**	-0.9	**7:33**	2.8	5:50	8:23	
29	Sat	**1:33**	5.9	**3:53**	4.6	**8:26**	-1.0	**8:22**	2.9	5:50	8:24	
30	Sun	**2:17**	5.7	**4:45**	4.7	**9:13**	-0.9	**9:21**	3.0	5:49	8:24	
31	Mon	**3:08**	5.5	**5:38**	4.8	**10:04**	-0.7	**10:33**	2.9	5:49	8:25	