US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**5:13**	4.7	**6:38**	5.8	**11:28**	0.3			5:51	8:35	
2	Fri	**6:37**	4.3	**7:26**	6.0	**12:51**	1.6	**12:25**	0.9	5:52	8:35	
3	Sat	**8:06**	4.1	**8:14**	6.3	**2:00**	1.0	**1:25**	1.4	5:52	8:35	
4	Sun	**9:28**	4.2	**9:01**	6.5	**3:01**	0.4	**2:23**	1.9	5:53	8:35	
5	Mon	**10:39**	4.4	**9:47**	6.7	**3:55**	-0.2	**3:20**	2.2	5:53	8:35	
6	Tue	**11:39**	4.7	**10:32**	6.7	**4:44**	-0.6	**4:14**	2.5	5:54	8:34	
7	Wed			**12:32**	4.8	**5:29**	-0.9	**5:06**	2.7	5:54	8:34	
8	Thu			**1:19**	5.0	**6:11**	-1.0	**5:55**	2.8	5:55	8:34	
9	Fri			**2:03**	5.0	**6:52**	-0.9	**6:43**	2.8	5:56	8:34	
10	Sat	**12:40**	6.3	**2:44**	5.0	**7:31**	-0.8	**7:30**	2.8	5:56	8:33	
11	Sun	**1:20**	6.0	**3:22**	5.0	**8:09**	-0.6	**8:18**	2.8	5:57	8:33	
12	Mon	**2:01**	5.6	**3:59**	5.0	**8:47**	-0.3	**9:08**	2.8	5:57	8:32	
13	Tue	**2:43**	5.2	**4:36**	5.0	**9:25**	0.1	**10:03**	2.7	5:58	8:32	
14	Wed	**3:30**	4.8	**5:12**	5.1	**10:04**	0.5	**11:05**	2.5	5:59	8:32	
15	Thu	**4:24**	4.3	**5:51**	5.2	**10:46**	1.0			6:00	8:31	
16	Fri	**5:32**	3.9	**6:31**	5.3	**12:12**	2.3	**11:33 AM**	1.5	6:00	8:31	
17	Sat	**6:56**	3.7	**7:12**	5.5	**1:16**	1.9	**12:25**	1.9	6:01	8:30	
18	Sun	**8:25**	3.7	**7:55**	5.7	**2:13**	1.5	**1:20**	2.3	6:02	8:29	
19	Mon	**9:41**	3.9	**8:38**	5.9	**3:03**	1.0	**2:15**	2.6	6:02	8:29	
20	Tue	**10:41**	4.1	**9:21**	6.2	**3:46**	0.5	**3:06**	2.8	6:03	8:28	
21	Wed	**11:31**	4.4	**10:05**	6.4	**4:27**	0.0	**3:55**	2.9	6:04	8:27	
22	Thu			**12:14**	4.7	**5:06**	-0.4	**4:41**	2.9	6:05	8:27	
23	Fri			**12:55**	4.9	**5:46**	-0.8	**5:27**	2.8	6:06	8:26	
24	Sat			**1:35**	5.1	**6:26**	-1.0	**6:14**	2.6	6:06	8:25	
25	Sun	**12:21**	6.7	**2:15**	5.2	**7:08**	-1.1	**7:04**	2.5	6:07	8:24	
26	Mon	**1:09**	6.6	**2:55**	5.4	**7:50**	-1.0	**7:57**	2.3	6:08	8:24	
27	Tue	**2:01**	6.2	**3:36**	5.6	**8:34**	-0.7	**8:56**	2.0	6:09	8:23	
28	Wed	**2:56**	5.8	**4:20**	5.8	**9:19**	-0.2	**10:00**	1.8	6:10	8:22	
29	Thu	**3:59**	5.2	**5:06**	5.9	**10:08**	0.4	**11:12**	1.5	6:10	8:21	
30	Fri	**5:12**	4.6	**5:56**	6.1	**11:01**	1.1			6:11	8:20	
31	Sat	**6:39**	4.3	**6:49**	6.2	**12:28**	1.1	**12:01**	1.7	6:12	8:19	