


Alcatraz Island, CA - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:13	4.7	6:38	5.8	11:28	0.3			5:51	8:35	
2	Fri	6:37	4.3	7:26	6.0	12:51	1.6	12:25	0.9	5:52	8:35	
3	Sat	8:06	4.1	8:14	6.3	2:00	1.0	1:25	1.4	5:52	8:35	
4	Sun	9:28	4.2	9:01	6.5	3:01	0.4	2:23	1.9	5:53	8:35	
5	Mon	10:39	4.4	9:47	6.7	3:55	-0.2	3:20	2.2	5:53	8:35	
6	Tue	11:39	4.7	10:32	6.7	4:44	-0.6	4:14	2.5	5:54	8:34	
7	Wed			12:32	4.8	5:29	-0.9	5:06	2.7	5:54	8:34	
8	Thu			1:19	5.0	6:11	-1.0	5:55	2.8	5:55	8:34	
9	Fri			2:03	5.0	6:52	-0.9	6:43	2.8	5:56	8:34	
10	Sat	12:40	6.3	2:44	5.0	7:31	-0.8	7:30	2.8	5:56	8:33	
11	Sun	1:20	6.0	3:22	5.0	8:09	-0.6	8:18	2.8	5:57	8:33	
12	Mon	2:01	5.6	3:59	5.0	8:47	-0.3	9:08	2.8	5:57	8:32	
13	Tue	2:43	5.2	4:36	5.0	9:25	0.1	10:03	2.7	5:58	8:32	
14	Wed	3:30	4.8	5:12	5.1	10:04	0.5	11:05	2.5	5:59	8:32	
15	Thu	4:24	4.3	5:51	5.2	10:46	1.0			6:00	8:31	
16	Fri	5:32	3.9	6:31	5.3	12:12	2.3	11:33 AM	1.5	6:00	8:31	
17	Sat	6:56	3.7	7:12	5.5	1:16	1.9	12:25	1.9	6:01	8:30	
18	Sun	8:25	3.7	7:55	5.7	2:13	1.5	1:20	2.3	6:02	8:29	
19	Mon	9:41	3.9	8:38	5.9	3:03	1.0	2:15	2.6	6:02	8:29	
20	Tue	10:41	4.1	9:21	6.2	3:46	0.5	3:06	2.8	6:03	8:28	
21	Wed	11:31	4.4	10:05	6.4	4:27	0.0	3:55	2.9	6:04	8:27	
22	Thu			12:14	4.7	5:06	-0.4	4:41	2.9	6:05	8:27	
23	Fri			12:55	4.9	5:46	-0.8	5:27	2.8	6:06	8:26	
24	Sat			1:35	5.1	6:26	-1.0	6:14	2.6	6:06	8:25	
25	Sun	12:21	6.7	2:15	5.2	7:08	-1.1	7:04	2.5	6:07	8:24	
26	Mon	1:09	6.6	2:55	5.4	7:50	-1.0	7:57	2.3	6:08	8:24	
27	Tue	2:01	6.2	3:36	5.6	8:34	-0.7	8:56	2.0	6:09	8:23	
28	Wed	2:56	5.8	4:20	5.8	9:19	-0.2	10:00	1.8	6:10	8:22	
29	Thu	3:59	5.2	5:06	5.9	10:08	0.4	11:12	1.5	6:10	8:21	
30	Fri	5:12	4.6	5:56	6.1	11:01	1.1			6:11	8:20	
31	Sat	6:39	4.3	6:49	6.2	12:28	1.1	12:01	1.7	6:12	8:19	